

Support Services Housekeeping Staff **TEAM AWESOME** *by Diana Hayes*



Kyle Pultke



Angela Anderson

The Support Services Department in Lady Minto Hospital is an impressive and unique team of twenty five members who provide Laundry, Dietary and Housekeeping support for the hospital. It is a unique team because, unlike most other hospitals which contract services from outside agencies, the Lady Minto members are locally hired, trained and retained for exclusive employment in our hospital. Cathy Marcano, who manages all three departments, recognizes that this contributes to a strong sense of pride, dedication and appreciation from her staff that they are key members of the health care organization.

The Housekeeping Department is composed of eight people, full and part time and casual,

who work eight hour days in two staggered shifts, seven days a week. Two Housekeepers (one for each unit) start early at 6 a.m. The Cleaner then begins the 10 a.m. shift when all staff convene for a daily “huddle” at base camp to review the day’s priorities and routines and identify special requirements outside of regular duties. As you can imagine, in a building 37,400 square feet in area plus the Annex building and portable, the list of things to do must be daunting. Apart from routine duties, there are always new demands that crop up – unexpected spills in ER, cleanups after mishaps and unscheduled room overhauls following patient discharge in preparation for new admissions. Housekeepers and Cleaners also cover high risk areas such as ER, Laboratory and procedure rooms.



Lady Minto Hospital Foundation, 135 Crofton Road Salt Spring Island B.C. V8K 1T1
Phone: 250-538-4845 Fax: 250-538-4870 Email: LadyMinto.Foundation@viha.ca

www.ladymintofoundation.com

Moving to a Greener Lady Minto



Sarah and Pauline

LADY MINTO HOSPITAL FOUNDATION BOARD OF DIRECTORS

Officers:

Kelly Hyslop – Chair
Bob Brewer – Vice-Chair
Brett Webb – Treasurer
Tim Bradley – Secretary

Members at Large:

Janet Cunningham
Derek Fry
Scott Howe
Brian Mitchell
Catharine Schlenker
Patrick Taylor
Ann Muller – Auxiliary Representative

Community Members:

Karen Davies, Communications & Fundraising Committee
Norbert Schlenker, Investment Committee

Administration:

Diana Hayes – Executive Administrator
Karen Mouat – Executive Assistant

Published by the Lady Minto Hospital Foundation
Editor: Diana Hayes
Layout: Mark Hand Design
Printing: Contour Grafix
Photo Credits: Diana Hayes, Karen Mouat

www.ladymintofoundation.com

moving to a greener Lady Minto

Printed on acid-free recycled paper

Formal audits are conducted by Island Health every three months. As Supervisor, Cathy conducts mini-inspections weekly to ensure that all duties are carried out satisfactorily. The ER is labour-intensive and requires three extra cleans within the timeframe. Overtime is approved if required.

I asked Cathy, “What makes a good housekeeper?” She replied that reliability, availability and conscientiousness on the job are critical. Availability is key and staff understand that the hospital depends on them to show up for work, supporting their co-workers and not letting down the team. The entire hospital, staff and patients alike, are not just inconvenienced, but actually put at risk when this vital department is short staffed. “Everyone is a team player. No one does anything around here without impacting other departments.”

Many years ago, the Lady Minto staff had the opportunity to participate in a team building workshop with Virtues Project creator, Linda Kavelin-Popov. I

*I have seldom seen such a clean
and orderly facility.*

will always remember her observation that the LMH team was unique, something she had not ever seen in the corporate world where she often gave lectures and workshops. It was the “family culture” as she described, that created a close-knit, very connected staff.

“Family Culture” is an apt description. In some cases, there have been three generations of family members working at LMH and in this department. Having family members “pass the torch” builds strength of pride and dedication. “Taking care of our island community” is a theme that runs through every department and “going the extra mile” or ten, is a virtue I see time and again as I profile the various departments at the hospital.

I can attest, having visited many hospitals over the years, that I have seldom seen such a clean and orderly facility. We are lucky to have dedicated team members in our Support Service Departments. ■

[Watch for profiles on Laundry and Dietary Support Services in the next Minto Messenger]



Angela, Pauline and Sarah

ANGELA ANDERSON

Three Generations in the Lady Minto Family...

My family, Ben and Carole Martens, moved us to SSI back in 1979 where Mom started her career at Lady Minto Hospital Extended Care. I remember the days of coming into Extended Care and seeing Mom and Dad, dressed as Santa and Mrs. Claus, handing out presents on Christmas. Fast forward to 2007... I started working at Lady Minto Hospital as a Housekeeper. Shortly upon starting my career at Lady Minto, I realized I had a calling to work here. We give support to the health and well-being of the patients and residents of Lady Minto.

I do not look at myself as just a Housekeeper. I put on the rightful name of Support Service Worker. Not only am I a housekeeper, I am a warm blanket wrapper, tissue grabber, coffee maker, computer fixer, porter, gown grabber, extra pair of hands person and even a shoulder to cry on. In this job I have developed relationships with patients that I carry with me every moment of every day. Through birth, death, sickness, injury and sadness I am there creating a safe environment to help support our little community hospital family heal. To carry on the legacy of work my daughter Christina Anderson joined our little family just last year as a Registered Care Aide.

I have had so many precious memories working over the last 11 years but if I had to pick one that stands out it would be the one which follows.

We had this wonderful little lady in our Palliative Suite of whom I became quite fond. Every day I would stop into her room and while I cleaned we would talk. One day while we were talking she had gone quite quiet. I turned around to see that she had passed. I quickly called for the nurse and she came and checked and yes, she said "she had passed and how fortunate that she had you here for her in her last moments, that she had no close family." Even thinking about it today brings tears to my eyes. There have been several patients through the years that have touched my heart and left an impression that will never leave. What a privilege it has been to support so many patients and families in this most delicate time.

I am honoured to work with an incredible team of housekeepers, laundry and dietary workers, care aids, nurses, doctors, unit clerks and the management team. Our little hospital has been such a unique experience that it's hard to call it a job. I am looking after my Salt Spring family. If I make one person smile in the day or feel good through their circumstance I have done my job. ■



ABOVE: Angela Anderson with daughter Christina who also works as a Registered Care Aide at Lady Minto and Grenwoods.

Angela with daughter and mom, Carole Martens, who worked for many years on Extended Care





Pauline Bath

PAULINE BATH, ECU Housekeeper

My family had spent many years camping on Salt Spring Island, even before I was born. In 1969 my parents decided to move here from Victoria. There was a time we went back to Victoria but came back to Salt Spring the following year. I left the Island around 1977 and returned with my soon to be husband in 1980 (we will be celebrating 38 years in October). All three of our children were born at Lady Minto Hospital. I started in Dietary in 2009 but I have also worked in the Laundry Department.

I really love housekeeping in the Extended Care ward. The residents are so wonderful. I have seen many people come and go. It is hard to say good-bye but rewarding to have known them. There was a lady I became particularly fond of when I was a dietary aide delivering trays on the Acute Care ward. I used to visit her on my lunch breaks. She eventually moved to the Palliative Suite on ECU. I continued to visit and would come on days off just to see how she was doing. I still think of her often. The staff on the wards are awesome. I feel like I am part of the team and fit right in! ■



Wendy Bissett



*Wendy's mom, Lynn Bissett,
LPN on ACU*



HOUSEKEEPING STAFF

Angela Anderson
Pauline Bath
Wendy Bissett
Sherrie Blake
Sharon Girard
Lorraine Miller
Rebecca Pearson
Kyle Pultke
Sarah McCormick

*Angela working in the endoscopy suite with Gayle Parkinson
(photo from Minto Messenger 2007)*



*Cathy Marcano
Support Services Supervisor.*



Cathy Marcano



Rebecca



Rebecca Pearson



Sarah McCormick



LORRAINE
Support Services
Lorraine Miller



The Lady Minto AED program is now in its sixth year with 46 AEDs enrolled. The units provide great coverage in schools, churches, doctors and dentists' offices, sports facilities, pharmacies, seniors residencies, food stores and private homes. The training program ran for five years with 400 Salt Spring islanders graduating.

Each year the Foundation organizes maintenance for all the units to ensure they will be in top working order. Through the B.C. Emergency Health Services (BCEHS) Community program, Chris Griffiths, in his new role as full-time Rural Advanced Care Community Paramedic (RACCP), will be offering AED/CPR training and equipment checks by fall 2018. AED training is also available for a fee through the local CRD Parks & Recreation office.

A BIG THANK YOU TO BETH WESTON

As of March 31st 2018, the LMHF no longer provides classes for CPR/AED training. We take this opportunity to thank Beth Weston, our dedicated instructor who has been with the program since it began in 2012 and provided 49 training sessions. We also thank her husband Paul who helped in setting up each session. They both deserve a big round of applause.

If an organization would like to book a Familiarization "FAM" Session for the AED Units, please contact Beth Weston directly at weston63@shaw.ca. These sessions run under an hour and are designed to answer questions about the AED.

The Foundation will still coordinate the annual maintenance session for all AEDs in the community in October each year. Please watch for notices regarding date and time. ■



HEARTFELT APPRECIATION

EXTENDED CARE UNIT TEA CONCERTS THIS PAST SEASON

2017
DECEMBER

Bill Henderson

2018
JANUARY
FEBRUARY
MARCH
APRIL
MAY
JUNE

Korean High School Student, Jisu
Joan and Larry Blackman
Reeds & Wires
Shirley Bunyan and the Lost Chords Choir
John Gogo
(2 concerts) Caroni Young & Friends,
Caroni Young & Viva Chorale



Bill Henderson

GOGO FAMILY PLAY ANOTHER CONCERT FOR EXTENDED CARE RESIDENTS IN JULY



John Gogo

John Gogo and daughters Jena and Jeri will be playing a show on Extended Care for the residents (and any community members that might like to attend) at 1pm on Friday, July 13, 2018.

John Gogo, along with his daughters Jena and Jeri make their trio debut as J. Gogo and Sons during a two week tour

in July. The trio will be performing selections from each of John's five full length albums as well as songs written by Jena and Jeri. "I feel lucky that the girls have always been enthusiastic to join me on stage to perform my songs. Jena and Jeri have each come in to their own as songwriters in Toronto and I am excited to feature their work with this project."

John's career as a folksinger/songwriter began in the late 1980s and he performed at several early Islands Folk Festivals. His most recent album 'Coal & Wood (Revisited)' yielded his 'Infamous Devil of De Courcy (Brother XII Song)' made popular by its inclusion in a CBC Radio doc. He has also enjoyed radio play on stations across Canada and having had music videos on CMT and Much Music.

Jena and Jeri's band 'Blue Sky Miners' have been making their own mark on the Toronto music scene and the sisters also have a great resume of artists they have worked with live and in the studio.

The Gogo Family has been making music on Vancouver Island for a long time now. "This feels like a natural progression for us to be doing this tour together here and now. For the girls to take a break from their wonderful Toronto music community and come home to the island to play some shows and do some island hopping allows us to do some of the things we love to do". ■

WEEKLY



ENJOYED BY RESIDENTS OF EXTENDED CARE

One of the many regular activities that bring residents together for enjoyment and companionship each week is Bingo Games. This has been a tradition for years on the unit.

Ken Mackenzie has volunteered on ECU for many years along with his wife Margaret Mackenzie, who coordinates volunteer services for the Auxiliary.

Tim Camps joined the volunteer team last year. He trained as a Physiotherapist in Holland and is interested in pursuing a career in medicine, and is currently preparing for his entrance exams. He assists with the music therapy program and the bell choir and also volunteers at Greenwoods. ■



CLOCKWISE FROM TOP:

Ken Mackenzie calling the numbers for Bingo; Carol Penhale with resident, Kathleen; Muriel and her mom, ECU resident Sophie; ECU resident Ellen and volunteer, Tim Camps



REMEMBERING AUXILIARY VOLUNTEER, MELITTA KANDLER

Lubomyra “Melitta” Kandler is fondly remembered by many of the “old guard” here at Lady Minto Hospital. She volunteered for many years on Extended Care and partnered with fellow Auxiliary volunteer Alice Andress for Monday Afternoon Tea on the unit. She never failed to bring in her specialty mini-doughnuts for the residents to enjoy along with refreshments.

Melitta was born in Chernivtsi, Ukraine, and passed away peacefully on August 2, 2017 on Salt Spring Island. She was predeceased by her husband of 50 years, Joseph Kandler. Melitta graduated from the University of Alberta with a Master of Arts degree. She worked with her husband in Alberta promoting the Johann Strauss Foundation. She and Joseph set up a scholarship at the University of Alberta for Austrian exchange students of economics. After moving to Salt Spring Island, they continued to promote the Johann Strauss Foundation in British Columbia. She was a member of the University Women on Salt Spring Island and was an active volunteer. ■

ESTATE GIFT FROM MELITTA KANDLER

The Lady Minto Hospital Foundation acknowledges the legacy gift and bequest from the Kandler Estate.

It is always a very special blessing when we receive notice that an estate donation has been made. A bequest is an unexpected gift and acknowledges our charitable purpose. It reflects a deep trust between the donor and the foundation and reaffirms our commitment to the Lady Minto Hospital. We are honoured when the Lady Minto Hospital Foundation is named in a will and can assure our community of donors that their gift will make an important difference in the health and well-being of our patients and residents.





LMHF Chair's Report June 2018

Kelly Hyslop

This report will be short but there are a couple of items on which I will provide an update.

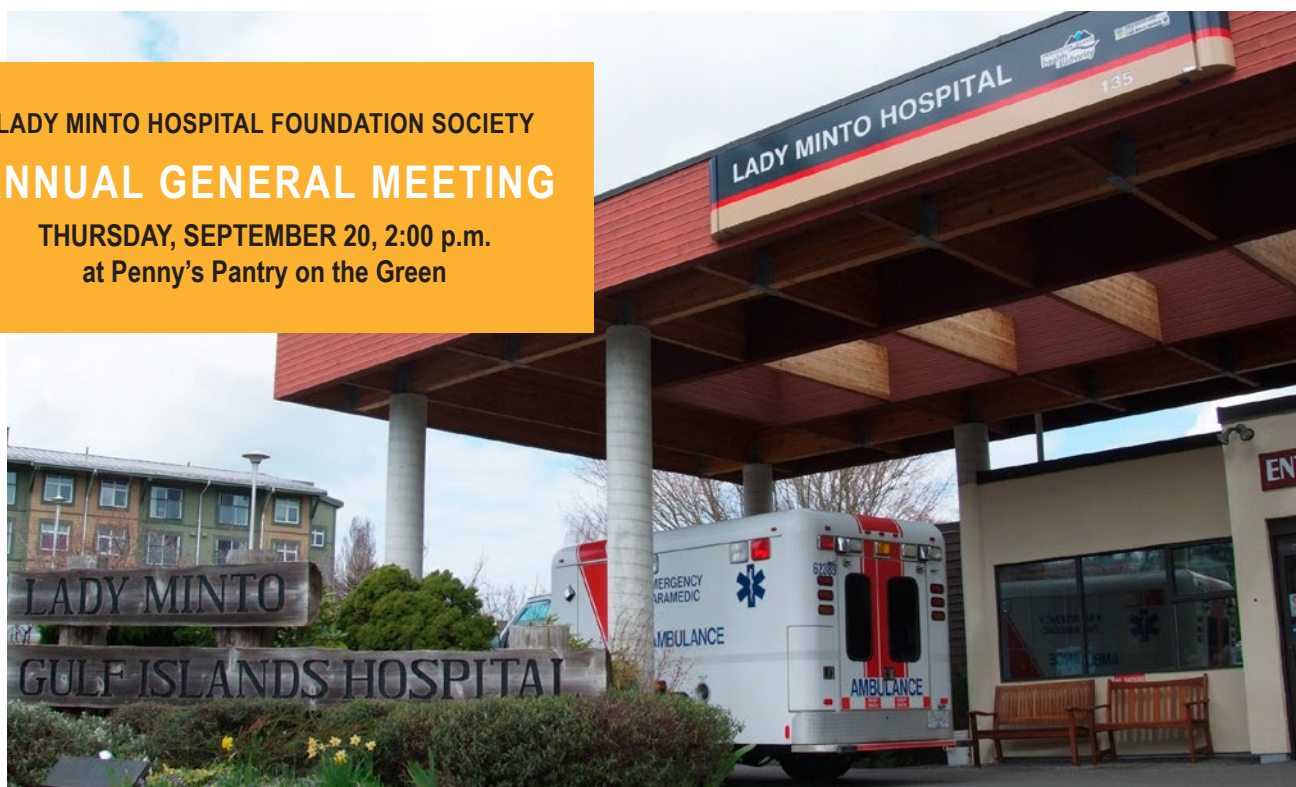
The Emergency Department at Lady Minto provides great care for island residents and visitors but it is too small and is much in need of redevelopment. Earlier this year, the Foundation paid for an initial study. This preliminary document gives the Board the best structural concept for the Emergency Department Redevelopment. This will allow VIHA to return to us with a full feasibility study for the Emergency Room Project.

The second item is a review of the Board's committee structure which was started this year. The idea is to give more autonomy to the committees and although they are still required to report and get approval from the Board

as a whole, this should help to streamline decision-making and enable the full board to meet less frequently. We were able to do this by having an increase in the number of nominees elected as board members at our last Society Annual General Meeting. The large number of board volunteers has enabled the Foundation and its committees to be much more efficient. The committees are now formed by very capable members indeed and we are all so very grateful to have these new volunteers on the Foundation Board.

The last item of note is to make everyone aware that the new Fundraising Committee will become very active in the near future as it proceeds with its task to raise funds for the new Emergency Department project. This will start when we receive final approval from VIHA. ■

LADY MINTO HOSPITAL FOUNDATION SOCIETY
ANNUAL GENERAL MEETING
THURSDAY, SEPTEMBER 20, 2:00 p.m.
at Penny's Pantry on the Green



EMERGENCY ROOM – NURSING STAFF

by Jo Taxwites, Clinical Coordinator



Ian Whipple



Kelly-Ann Haslauer

We are very excited to have added two regular RN positions to cover the 9:00 am to 5:00 pm shift in our Emergency Department. Kelly-Ann Haslauer and Ian Whipple work alternating days to provide continuity with staffing our ER, as well as to work together with the many Acute Care nurses who rotate daily through the Emergency Room. Our nurses see approximately 12,000 ER patients a year, and run outpatient procedures, such as infusions and transfusions through the Emergency Room. As the island has no walk-in clinic, we also see many patients who do not have a family doctor, as well as a large number of tourists. This is a step towards our goal of having a fully-staffed and appropriately-sized new Emergency Room in the not-too-distant future. We are very appreciative of the Foundation's support in starting this process with the facility study that has been undertaken.



Lee-Ann Bell MDRD Tech

NEW STAFF IN ENDOSCOPY

Welcome to Lee-Ann Bell and Annie Millard, new graduates of the MDRD training program at VIH in Nanaimo.

MDRD Technicians do the Reprocessing for Medical Devices, in our case, they clean and sterilize the endoscopes (gastroscopies and colonoscopies) between patients. The technician's job requires fastidious attention to detail, as well as skill in running the reprocessing equipment. In addition to our team of doctors and nurses, we require an MDRD technician to be present each day that we run our endoscopy unit. Thanks to the dedication of staff such as Janet Hartwig, who have worked tirelessly to fill in the gaps, we have been able to run almost all of our planned scope days. Now that we have a pool of MDRD technicians to work with Janet, we will be able to keep our endoscopy program running.

WHAT IS A

Phantom Ball?

It's a Fancy Ball that doesn't actually take place as such. It's an opportunity to contribute to your community hospital without dusting off your ball gown and tux, polishing your patent leather shoes, hiring a babysitter, making a speech, or forgetting the steps on the dance floor.

Fill in a donor form—available in the hospital lobby and online:

WWW.LADYMINTOFOUNDATION.COM

Thanks to Our Sponsors

contour
grafix
design + print + web solutions

steffichfineart
saltspring island established 1992

T
Tom T Vergalen

HAZENBOOM
Construction Ltd

Pat Walker
Graphic Design

WWW.LANGARAFISHINGLODGE



... and enter your name on the donor form to
WIN A TRIP TO LANGARA FISHING LODGE

PRIZE PACKAGE INCLUDES

Return air travel from Vancouver to Haida Gwaii and a scenic helicopter flight to the lodge.

- 4 or 5 day trip for 2 people
- accommodation and all meals including alcohol
- private unguided 19" boat (fishing guide optional*)
- fishing equipment and marine clothing
- care of your catch, including vacuum-packing, flash-freezing, and packaging for travel home

THANKS TO THE GENEROSITY OF LANGARA FISHING ADVENTURES FOR
CONTRIBUTING THIS SPECTACULAR PHANTOM BALL PRIZE PACKAGE

*Draw date: Thursday September 20, 2018 (All entries must be received before midnight, September 19, 2018) Prize must be redeemed in Sept 2018 or May/June 2019. Trip dates subject to availability at time of booking. *Guided fishing not included. Winner can purchase up to 2 additional trips at \$200 discount off seasonal rates.*

PHANTOM BALL PRIZE 2017

Hawaii Trip to Turtle Bay Resort, Oahu

Micah, Lisa and Lukas Booy

The more time that passes the more thankful we all are to have had such a great trip to Oahu! Our experiences there were relaxing and full of surf, sun and good times.

We arrived in Honolulu and rented a vehicle for the week to take us up to the North Shore peppered with famous surf breaks, tourist towns and food trucks. *Turtle Bay Resort* on the very northern most tip of the island became our new home and pampered us with more than we could ever hope to fit into a single visit.

Our room had a view of clean ocean waves breaking on battered and jagged rocky shorelines providing an ever changing natural spectacle insuring Netflix and other internet temptations were turned off and safely stored away.

Lukas and Eric (16 years old) had died and gone to heaven filling every possible moment with surfing of all types. Boards were rented and never allowed to dry off throughout the week pounding down sizable surf waves every single day! Stopping in at Banzai Beach for an hour to watch the pros surfing neck breaking, triple overhead waves was a highlight for us all. Oahu's North Shore certainly lives up to its reputation as the world's most well established surf culture and legendary wave consistency and size.

Fresh fish, seafood and fruit were a staple for the whole trip and drinking water from freshly cut coconuts was an everyday occurrence. Our curiosity also led us to circle the island discovering hidden beaches and mellow towns and neighborhoods allowing us a more realistic view of typical Hawaiian life.

We visited ancient shrines and sacred gardens, drove through tunnels leading right the way through the middle of mountains and enjoyed everything that the island had to offer us along the way.

Thanks to Linda Stafford and John Woodward for the trip and a special thanks to the Lady Minto Hospital Foundation and their sponsors for putting up such a wonderful prize. I hope the tradition continues! ■

A very special thank you to Drew Stotesbury,
past Board Director, who arranged for this
sensational prize!!



Lucas, Micah and Lisa

Romantic Road www.romanticroadmov.com

Sharon Stone, executive producer

Oliver McGarvey, director

Edmonton International Film Festival 2017

"A Complete Mad Adventure"

Monday September 10th
at The Fritz
ONE MATINEE ONLY

But in the end it was bureaucratic bungling that thwarted Rupert Grey—great-grandson of the 19th century Prime Minister Earl Grey—and his wife, Jan, from completing their epic journey across Asia.

The couple, who had criss-crossed Asia for three months, were prevented from taking their 1936 Rolls-Royce across the border from India to Bangladesh, where they were guests of honour at Bangladesh's prestigious photographic festival, Chobi Mela.

Mr Grey, a former partner with Farrer & Co, the Queen's lawyers, and now a consultant with the law firm Swan Turton, was forced to abandon his cherished car at a remote customs house...

—TheTimes.co.uk

YOU SHOULD SEE THIS FILM TO REMIND YOURSELF THAT THERE IS ART, BEAUTY, HUMANITY, KINDNESS, GOODNESS, ADVENTURE & MAGIC... LEFT IN EACH AND EVERY DAY

—Sharon Stone, Executive Producer

Event Host Rupert Grey

Descendant of Lady Minto & Earl Grey
Adventurer Extraordinaire

Rupert Grey is making a good run at the world's most interesting man.

ADVENTURE-JOURNAL.COM

Spell-binding. Captivating. Promises to be one of the highlights of the year! We invite you to join us....



OUR LADY MINTO STORY CONTINUES...

In the Fall/Winter 2017 issue of Minto Messenger, we included a short biography of “Lady Minto”. Shortly after the newsletter was published, we received a call from island resident and photographer, Rosemarie Keough with exciting news about Rupert Grey’s film “Romantic Road”. Rosemarie met Rupert at an awards ceremony in England and when she read our article, she connected the dots and realised that Rupert was a descendant of our own hospital’s patron namesake, “Lady Minto”. Rosemarie put us in touch and as a result of this exchange we are very excited to present Rupert’s film, ROMANTIC ROAD here on Salt Spring on September 10th at The Fritz. Rupert will give a lively presentation prior to the screening and there will be a reception to follow.

Following Lady and Lord Minto’s posting in Canada, Lord Minto was appointed Viceroy and Governor-General of India, and Lady Minto became Vicereine. In India, as in Canada, Lady Minto had a great influence on health care, at least for the Raj. She founded the “Lady

Minto’s Indian Nursing Association” to carry on the work of earlier organization to select and arrange transportation logistics for trained female nurses and midwives from England to come to India to minister to European patients. What serendipity that the film “Romantic Road” is about Rupert and Jan Grey’s return to India. ■



ABOUT RUPERT AND JAN GREY

Rupert has balanced life in the law courts with long periods in the wild places of the earth.

As a lawyer he has represented, and fought libel actions for and against national papers, politicians, celebrities, photographers, authors, galleries, publishers, bankers and explorers. As an outdoorsman and photographer he has travelled on foot, by boat, dog sledge, camel, elephant and vintage Rolls Royce in many different countries, including Papua New Guinea, Alaska, the South Pacific and the

Orient. He is usually accompanied by his wife Jan and 3 daughters. Rupert serves on the board of a number of front-line charities in the fields of performing arts, education, photography and conservation. His photographs have been exhibited in several countries and his articles have been widely published.

Now with Swan Turton, Rupert is one of the leading solicitors in copyright law in photographs.

Jan grew up on a farm on the edge of the North Yorkshire Moors which has endowed her with an enduring love of the natural world. She qualified as a social worker in the early '70s and has worked with offenders, families, the elderly, the dying, the bereaved. She is now a part-time bereavement counsellor. Before she married Rupert, in 1977, she

undertook many journeys in Europe and the British Isles; since sharing their lives together she, with three amazing daughters, has been extraordinarily fortunate to visit many wonderful, if sometimes shocking, remoter parts of our planet. ■

THE STORY BEHIND “ROMANTIC ROAD”

Oliver McGarvey, film-maker

Rupert and Jan Grey live in a thatched cottage in West Sussex. Rupert is a prominent copyright lawyer and photographer and Jan is a bereavement counselor. Their children are grown up and moved out. They are 66 apiece.

Rupert is invited by an old friend to be guest of honour and give a talk on international copyright law at a major photography festival in Bangladesh. Throwing caution to the winds they decide to motor there in their family car, a battered 1936 Rolls which Rupert's father bought in 1959. The political situation deteriorates so they decide to ship the Rolls to Mumbai and — against advice — drive across the northern plains of India, through the foothills of the Himalayas to Nagaland, up the Brahmaputra River with the Rolls on board whatever boat they can find to the northwest frontier with China.

So looking like characters from Tin Tin off they go. They venture through deserts, where they get stuck in the sand, over mountain ranges where they smash the exhaust pipe, jungles and tribal conflict zones where they need escorts to arrive at the mighty Bangladesh border. The Rolls is promptly seized and is stuck in limbo only 15 days before the festival and some 300 miles away.

A rambling tale of charm and charisma, the film tells of how Rupert and Jan got into this incredible predicament only to prevail and be much feted at the festival. The Journey ends where they started 6 months before after traveling 6000 miles through territories where Rolls have never been before.

A surreal and inspiring journey born from their adventurous nature and enthusiasm for life pushes them far and beyond your average elderly couple. They return to their thatched cottage in a fold the South Downs English hills with a wink and a smile. ■

Note: Jan and Rupert took a lot of persuading to allow the film to be made. The rule was no retakes and no set-ups. However this is where most of the charm derives from. The film was an incidental by-product in which they took occasional interest. What drove them? I've no idea. Carmody, their daughter, probably got closest: "it's just the sort of thing they do", she remarks in the film. To me, it's staying strong, active, and beating the odds that keeps them going. Film or no film, this was what they were going to do, and this is what they did.

Romantic Road



Limited Seating

There are limited tickets available for this one day–single viewing event, so act now to reserve your seat.

First come, first served.

\$20/ticket ph 250 538 4845

Diana.Hayes@viha.ca

Act Now!

EDUCATION FUND

Jo Twaites, Clinical Coordinator, Lady Minto Hospital

The Education Fund support from the Foundation makes a huge difference in our ability to recruit and retain nurses at Lady Minto. As you know, rural nursing requires that our staff members become experts in a wide variety of areas that would otherwise each be seen as a specialty: Emergency, Obstetrics, Medicine, Endoscopy, Palliative Care, Psychiatry, and more. Not only do our nurses need to develop these skills, but they need to keep up to date and maintain competency with regular refresher courses.

The courses that we ask our nurses to take include: ECG / Arrhythmia Interpretation, CPR, CTAS (Canadian Triage Assessment Scale, the Emergency Practice and Care Course (Canada), Infusion Pump Training, Emergency Skills Training, Neonatal Resuscitation, Trauma Care, Palliative Education, Pediatric Emergency Care, Violence Prevention, and Wound Care. The registration fee support that we receive from the Foundation enables us to keep as many of our staff as possible trained to the highest level. In addition to all of the



above (and more!) we ask our nurses to come in for Simulation training with our physicians in order to maintain and develop our competency and teamwork skills. Visiting physicians always comment on how highly skilled our nursing staff is; this is part of the legacy that the Foundation is providing.

A few of these courses include paid time, but most don't. This year for the first time, we received permission from the Foundation to provide an honorarium for staff who come in on their days off to receive training. The Disaster Simulation that we did last October was one of the first such training sessions. We had staff members from all departments working hard

together, as they would need to in a real disaster and each was paid the same honorarium, which was a very positive team-building experience.

Once again, thank you from the bottom of my heart. The presence of the support for our education is an amazing means of helping our staff to achieve excellence and to feel that their hard work is valued. ■

COURSES SPONSORED THROUGH THE EDUCATION FUND

NRP (Neonatal Resuscitation Program)
CPR
Emergency Nursing Pediatric Course
RN Educator to LMH
Violence Prevention
Wound Care
Advanced Cardiac Life Support and ECG
Endoscopy Conference
RAI (Resident Assessment Instrument) Training
Arrhythmia Course
Geriatric Education Course
Mock Disaster Simulation





VOLUNTEERISM

Seeing Through the Eyes of Others

Margaret Mackenzie, LMH Auxiliary, Volunteer Coordinator

In a pivotal scene in the movie “Victoria and Abdul”, Queen Victoria laments her life to her “Munshi” (teacher), Abdul. She speaks of her nine children, “all at loggerheads with each other”. She speaks of herself, a “silly old woman” she says. What is the point Abdul?” she asks. To which Abdul responds: “Service. We are not here to worry about ourselves. We are here for a greater purpose.”

This article from the Times Colonist of 31 March states the essence of volunteerism: that volunteers have to believe in a vision and keep believing in it, to realize that responsibility and commitment are necessary and that things just do not happen by themselves. Work is never just work; it has a great purpose.

Home to our hospital is the Foundation and the Auxiliary, both volunteer organizations that have Lady Minto in front of their names. Their history and presence are deeply and intimately connected with our hospital. The Foundation Board is concerned with the hospital itself and that it continues to be a viable and excellent operating facility. Through fundraising, the hospital’s purpose and goals, and its role in the community and the many things that the volunteers do behind the scenes will be well known to readers of Minto Messenger. The Auxiliary members are more “hands on” towards patients and residents, providing warmth and concern for those in poor and failing health. There is that understanding of human frailty, and the volunteers’ actions and attention are deflected in that direction.

Our volunteers in Extended Care work very closely with the entire hospital staff and form part of a team effort. The volunteers’ attitude and emotions develop through this experience. It is active helpfulness in simple things that we do, complementing the professional work done by the dedicated nursing and administrative staff. Emphasis is not on what we do but how we do our work, appreciating the unique strengths each volunteer brings. Essential is our commitment and a shared confidence that a desire is there



to do the job, and to do it well. “When love and skill work together”, wrote Ruskin, “expect a masterpiece”.

A cup of tea is more than just a cup of tea. Our work is a social process in an open and genuine relationship with the resident. It leads to a bonding in friendship, an unconditional acceptance and caring, responding in a personal way to their needs, fears and longings. We are all human; thus we try in kindness and patience realizing our own limitations, in a willingness to hear and care as well as to listen with the ability to trust common goodwill and common sense.

Empathy is an inherent quality woven into the fabric of our being and a common thread that connects us to each other. It is the ability to see through the eyes of others. We see frustration in waiting as the residents become aware of their daily needs. Volunteers work hard in attempting to piece together the fragments of feelings which the residents share with us when they tell us about their lives. In often trying circumstances, volunteers are there to share in their journey.

Public attitude often in a negative way is perceived by many towards “ending up in extended care”. How do we make life worth living when we are weak, frail and dependent upon others? There is no easy answer to this question, but it is in an area where volunteers can make a difference.

Important is the fact that something has been given to the specific needs of the resident before us. “I am with you” can be powerful healing presence, in a proud sense of being understood. Deeply felt is this need for companionship in genuine encounter, for their sense of dignity and worth in those increasing areas of life when our residents are exposed to factors beyond their control.

Volunteerism is in communion through our earnest encounter and social reaction with others. Important to the Extended Care Unit community is how we communicate and exist with the residents. Identifying with their dependence as well as their independence can lead to an acceptance of their own limitations and environment. It is their living in the present received and recognized.

Finally, the poem “In Blackwater Woods” was read in its entirety at a recent memorial celebration in Extended Care. In part, poet Mary Oliver writes:

To live in this world
you must be able
to do three things
to love what is mortal, to hold it
against your bones knowing
your life depends on it
and when the time comes to let it go, to let it go. ■



FAREWELL TO CATHERINE GREEN

by Jo Twaites, Clinical Coordinator, Lady Minto Hospital



At the end of June, the Lady Minto staff will be bidding farewell to our beloved Clinical Nurse Leader for Residential Care, Catherine Green. While Catherine has only been our Nurse Leader for four short years, she has worked at Lady Minto for more than a dozen.

Families, visitors, and staff members have all witnessed the huge change in the atmosphere in our Extended Care since Catherine has been our leader. She exemplifies the values of Island Health, demonstrating Courage: to do the right thing, to change, innovate and grow; Aspiration: to the highest degree of quality and safety; Respect: to value each individual and bring trust to every relationship; and Empathy: to give the kind of care we would want for our loved ones.

Catherine will be moving with her family back to the United Kingdom and will be rejoining the team with whom she worked prior to coming to Canada. They are excited to see her back as we are sad to see her go. Catherine will be leaving us with a unit that is providing excellent care and we hope to continue the legacy.

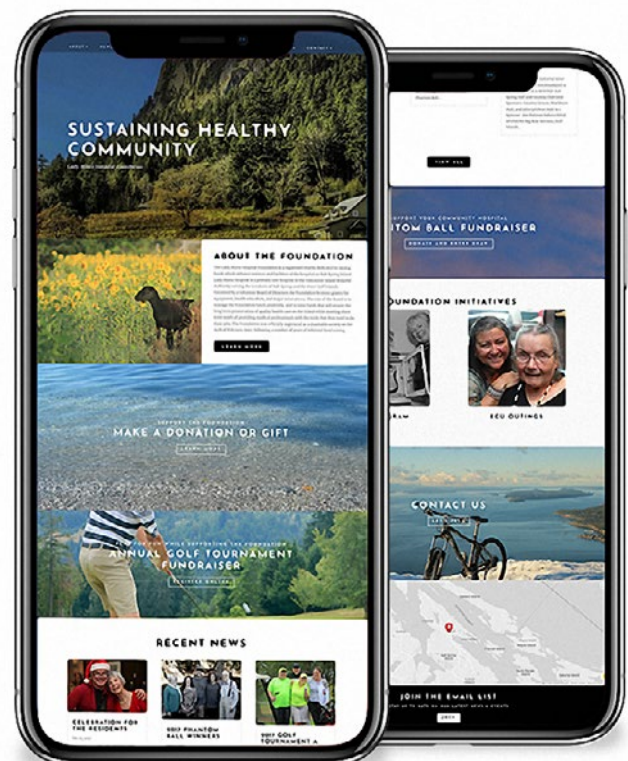
We all wish Catherine and her family the very best in their new adventures. ■

OUR NEW WEBSITE IS NOW MOBILE FRIENDLY.

Easy to navigate.

Donations accepted online via secure program.

Designed by Christopher Roy of
Marketworks Media Inc.



Visit us at www.ladminto.foundation.com



NEW RESIDENTIAL & COMMUNITY CARE POSITION

Sara Gogo, Site Director, Lady Minto Hospital

The Geography 3 leadership at Island Health has been looking at how to best support the Community Health Services team on Salt Spring Island. Sara Gogo, Rural Site Director for Lady Minto Hospital & the

Southern Gulf Islands has considerable experience working with a variety of Island Health community programs including community Health Services. Because of Sara's

proximity to the team and experience with the program, it made sense for her to take on responsibility for this program and doing so will have the added bonus of more clearly aligning community care with acute and residential care. It was also recognized that Sara already has a large area of responsibility and is the only non-contract staff member with supervisory responsibilities at LMH. It was therefore determined that another non-contract position would be necessary.

A non-contract manager has been hired to lead the Extended Care (ECU) and Community Health Services (CHS) teams. More information about the new manager will be provided in a few days. ■

WELCOME TO SHANA HALL

It is my great pleasure to announce that Shana Hall has accepted the position of manager for the Lady Minto Hospital Extended Care Unit and the Salt Spring Island Community Health Services program.

Shana is a consummate relationship builder with a keen understanding of strategic implementation and has extensive experience working with local government, community agencies and not for profit agencies in program and service development. Shana has been with Island Health since 2012 where she worked initially as a project manager for the Community Health Services Integration Initiative but quickly became a project manager with Mental Health and Substance Use Services (MHSU). Prior to joining Island Health, Shana worked for several years with the Ministry of Health as Manager, Home and Community Care Branch, and also as Manager, Performance and Monitoring for the Northern Health Authority.

Shana has a BA in Psychology and will complete her Masters in Social Dimensions of Health (UVic) this August. She is an adventurer, world traveller, and optimist.

Shana brings valuable leadership experience to Lady Minto and is known for her collaborative style and ability to find creative solutions. She will begin in her new position on July 10, 2018.

We are excited to have Shana joining our Lady Minto team! ■



SIMULATION LAB

Hands-On Training at Lady Minto Hospital

Shannon Wardroper, Professional Development (CPD) Coordinator

Lady Minto's Emergency Simulation lab is utilized by the physicians on an ongoing individual basis as well as the last Tuesday of each month as part of medical rounds. This SIM morning also welcomes the nurses to participate, increasing engagement and strengthening teamwork. In the past Dr. Barclay prepared and delivered the simulations. After his departure, we considered carefully how to continue. It was decided a model for learning through preparing and teaching to cohorts would be ideal. The intention is to encourage each physician to take on a session during the year to prepare and facilitate a simulation through research, preparing a powerpoint presentation as well as delivering and debriefing the actual simulation itself. Thus, all share in the responsibility of continuing and maintaining the vital educational program that is the SIM Lab.

The Sim Lab sessions give participants "the gift of confidence" by allowing them to learn collaboratively with colleagues and, through debriefing, to consider what could be done better or differently. Now this is expanded in the responsibility associated in facilitating a simulation themselves.

Dr. Barclay had created a website intended primarily for doctors, nurses and paramedics working on Salt Spring Island who attend the monthly ER simulation rounds. www.lmher.com. Through the DOBC Facilities Engagement Initiative we have two projects happening that will tie into simulation activity. First is the revamp, update and ongoing maintenance of the website. As the physicians research and create a simulation powerpoint specific to their topic they can be posted on the site reaching a broader audience, preserving their efforts for others benefit and as a template to follow for those new to facilitating a SIM.



Second is the E.R. Book Project, again a fresh look at the content and layout of the Emergency Room resource book whereby information arising from the latest simulation research can be shared here in hard copy, acting as

an up-to-date reference for physicians and nurses in the E.R.

Simulations and special Continuing Professional Development events since the Fall have included:

- Dr. Barclay and Dr. Montalbetti hosted a VIOLENT PATIENT WORKSHOP
- Last fall Dr. Prendiville took on Ahythmia
- Lady Minto Hospital had a DISASTER SIMULATION at the Farmers institute as well as visiting Physician Dr. AMANDA BARCLAY for a Pediatric Emergency talk
- Dr. Gummeson and Dr. Butcher have both covered Airway Emergencies.
- In January we had a PEDIATRIC EMERGENCY all day Simulation
- February brought a "CASTED" all day workshop
- This Spring the Sim lab has seen Dr. Slakov do Seizure, Dr. Beaver -Teamwork during a crisis and Dr. Kalf- Hypertensive Emergency

We thank all the facilitators and participants for their commitment to education. A big thank-you goes to the Foundation from all the physicians and staff who benefit from this important teaching tool. The Sim Lab was made possible by a generous equipment donation from Mr. Ron Wood. ■

[See our Spring 2016 Minto Messenger for our feature article on Sim Lab]

2017 SIM EXPO

“SIM One” was held in Toronto in November 2017

Shannon Wardroper,
Professional Development (CPD) Coordinator

I was fortunate to attend with the help of the Foundation and brought back many inspiring ideas and insights. The theme was “SIMULATION and GAMEIFICATION” with a focus on applying gaming principles to improve simulation, as well as on virtual patients, virtual reality, augmented reality and e-simulations to enhance learning.

Our LMH REALti Simulation equipment is totally aligned with this progressive thinking using technology in conjunction with peer team building to enhance patient safety and Emergency outcomes.

One of the keynote speeches was interesting and puzzling to me initially as it was titled “Is Simulation safe?” Dr. Dan Raemer from the Center for medical Simulation at Harvard University has cofounded the center for Healthcare Simulation Safety, drawing attention to inadvertent risks simulation programs may pose to both patients and staff and asking how we can reduce these risks. Small but important measures are being taken in our own SIM lab as a result of this by relabeling items with better fluorescent “SIM LAB use only” tags and implementing protocols to ensure there is no crossover from Lab to E.R.

Another point stemming from safety was around exact practice. Practice itself does not make perfect: *Perfect practice makes perfect*. Referred to as “training scars,” an example we can all recall is as youngsters, the words we didn’t quite master in spelling or a multiplication we still consistently



Dr. Prendiville

get wrong or question. Encouraging not just SIM lab use but replicating all one would do in a real life situation including personal safety measures, was a salient point from the conference.

The edges of technology as it applies to medical education were fascinating to experience. Virtual reality Simulators for skills training including crisis management and as a therapy for anxiety stemming from dementia were highlights.

Gaming serves as an entry into simulation such as a virtual reality situation, a murder mystery Simulation which engages nursing students in Theory as well as innovation in Simulation based seniors care - going from the card game to the development of a gamified learning App.

In my past teaching in Canada and abroad I have employed creative strategies using art, games and theatre, specifically performative inquiry to explore curriculum with students of many ages. It was wonderful to see this model being used together with technology and encouraged in medical education for both the clinical and affective application. Art and Science have much to offer one other.

Many thanks again to the foundation in supporting my first visit to a SIM Expo. ■



Nurses Will Falla and Kelly-Ann Haslauer with Dr. Crichton

FOUNDATION BOARD APPROVES FUNDING FOR 2018/2019 CAPITAL LIST



MP50 INTELLEVUE MONITORS

\$131,000 for 8 new units to be placed through the emergency and acute care areas

The Intellivue Monitors are the bedside monitors for our Emergency Department, Cardiac Beds, and Recovery Room. The previous monitors, which were state-of-the-art at the time of their purchase, are now showing their age and require frequent repairs. The new monitors will allow us to monitor heart rate, heart rhythm, oxygen saturation, peripheral pulse, respiratory rate, and exhale Carbon Dioxide percentage with reliable, modern machines.

MAJOR AND MINOR EQUIPMENT PURCHASES MADE POSSIBLE WITH FUNDING FROM THE FOUNDATION.

MAJOR EQUIPMENT

>\$5000

Bladder Scanner

Measures bladder amounts for patients in urinary retention.

Vscan w/Dual Probe

Vscan with Dual Probe is a pocket-sized ultrasound tool that combines a linear-array transducer and a linear-array transducer and a phased-array transducer to deliver both deep and shallow views.

Trilogy 200 Ventilator

Ventilator with BiPap capability for ventilation and assisted ventilation of critically ill patients in emergency and the inpatient unit

Phase Microscope - Ordered by Lab **Urine Centrifuge (Lab)**

Invicare Air Mattress

Specialized air mattress to decrease incidences of decubitus ulcers

Steam Table, electric hot food table

To hold food items between cooking and serving to maintain food-safe requirements

Portable Ultrasound Unit

For the provision of FAST

Resource Planning Group

Feasibility study for ED renovation

TOTAL \$104,791.24

**A total of \$166,434.17
was provided
in fiscal 2017/2018**

MANAGER'S FUND

(MINOR EQUIPMENT) <\$5000

Auto Chart Projector (ophthamology)+wall mount

Enables specialized GP to perform eye exams on Salt Spring @ LMH

Therarest Mattress x6

Therapeutic bed surface – prevents bed sores, increases patient comfort

V4 Re-Act mattress

Replacing standard (worn out) mattresses

Airvo Kit - Fishel&Paykel

Treatment for CHF – life saving, emergency treatment for airway. Has been used many times with great outcomes.

IV Poles x3 -Cardinal Health

Replacement poles.

Cell Booster

Increased cell service – much improved.

Furniture for KLM Staff Accommodation/ Apartment

Kitchen table and chairs- sofa bed. Increased capacity and comfort for casual staff.

Security Handle Miranti

Aid for transporting patient beds, resulting in decreased staff MSIP injury .

Bedspreads ACU

(Auxiliary covered \$4,320. Foundation covered the rest)

Recruitment Video - MM

Lady Minto Hospital recruitment video

Staxi patient transport chair

For use transporting emergency patients from Admitting to ER.

Procedure Lamp

2x minor procedure light with stand for ED.

Monk Office - Walkie Talkies

For emergency preparedness.

Hubert - Dome Drying rack

Holds insulated plate covers for patient meals that were previously housed on old steam table.

iPad

To provide Skype access to palliative patients.

Sonical Fetal Doptone

High sensitivity ultrasound for locating fetal heart.

Philips Vital Signs Monitor

Replacing outdated equipment.

Guldmann Floor Lift

Assists with patient transfers

Russell Hendrix

New microwave ECU; Toaster for ACU (commercial grade).

Cisco

Conference phone

TOTAL \$61,642.93

WAYS TO GIVE

A GIFT OF SECURITIES

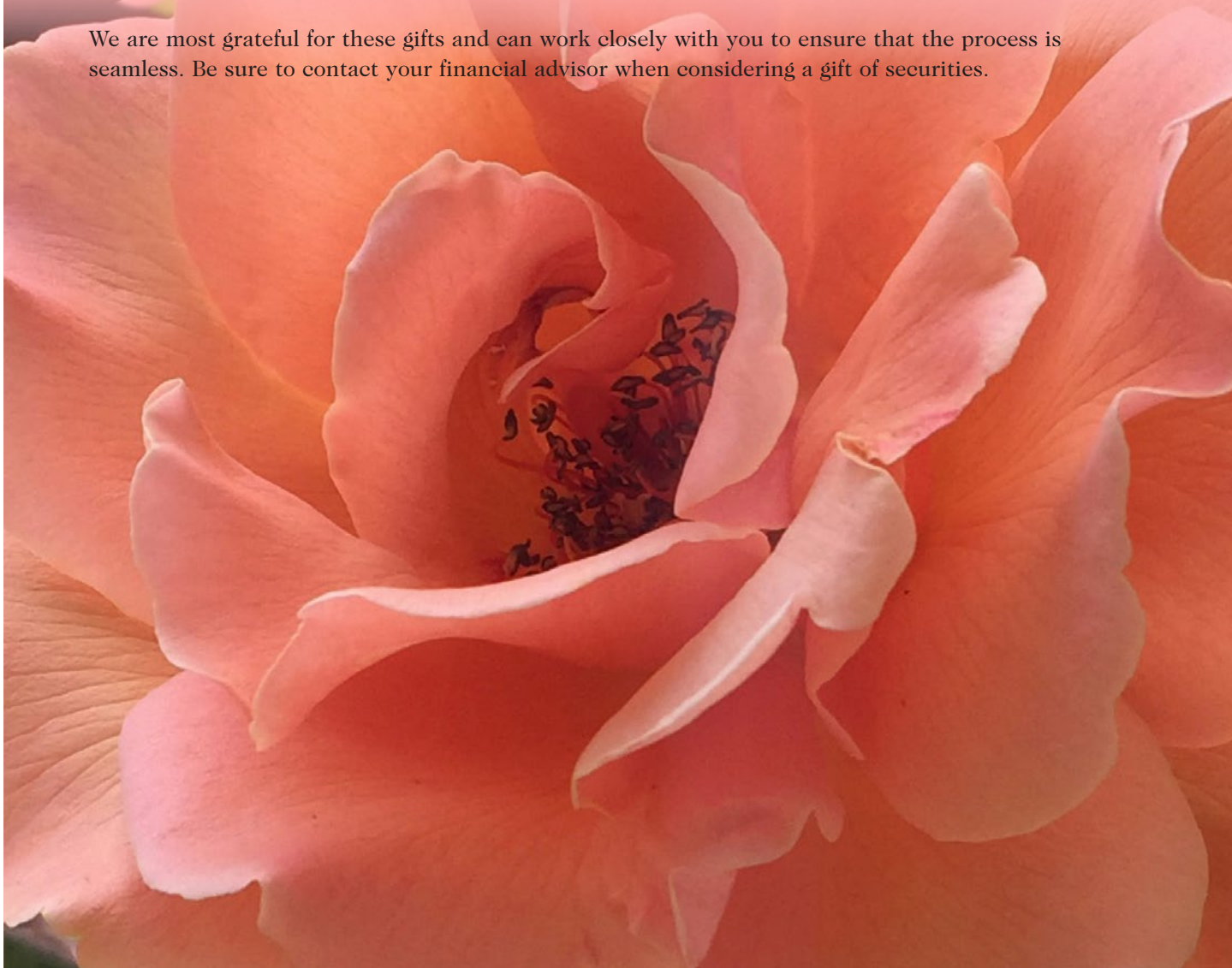
Increasingly, our donors are taking advantage of the tax incentives when donating publicly traded securities to registered charities or foundations.

If you have publicly traded shares in your portfolio that would generate a substantial taxable gain if sold, you could consider donating some of those shares as your next donation. You get a tax receipt for the full market value of the shares and there will be no tax to pay on the disposition of the shares.

Please contact our office first if you are considering making a gift of shares.

Please contact our office first if you are considering making a gift of shares. The Foundation works with our local Nesbitt Burns office in Ganges to facilitate your donation. Due to the strict confidentiality policy of all banking institutions, we will not be notified of the donor's name unless he/she contacts us first directly. The key to executing this tax strategy successfully is to make sure you "gift" the securities to a charity or foundation; don't sell them and donate the cash.

We are most grateful for these gifts and can work closely with you to ensure that the process is seamless. Be sure to contact your financial advisor when considering a gift of securities.





ANNUAL GOLF TOURNAMENT

July 14, 2018

by Karen Mouat

Our Golf Tournament is not just a day of play, it's an opportunity to make a difference in the lives of so many people. It is essential to the well-being of all residents that the Hospital Foundation succeeds in raising enough funds to cover the cost of equipment which saves lives, gives comfort and enhances our services.

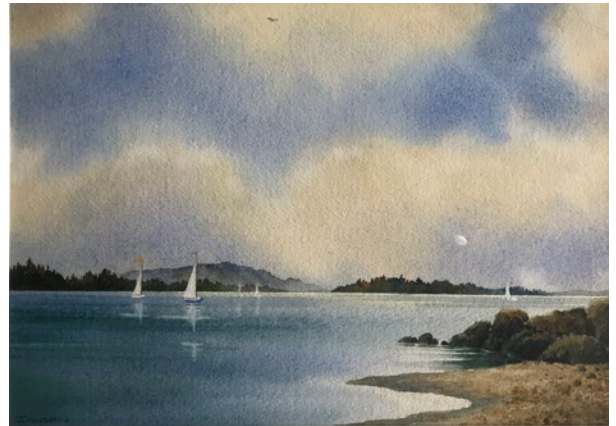
All of the donors to our golf tournament contribute to our ability to fulfill our yearly purchase commitments to Lady Minto Hospital.

Purchases like hospital beds that cost \$7000 each. Those beds alone have given much needed comfort to our special residents in Extended Care and keep their dignity intact.

We rely greatly on our Major sponsors, Hole sponsors, prize donors and golfers to raise \$30,000 but this year we received some special donations from the family of past Salt Spring and ECU residents.

Jean and Dan King were collectors of West Coast art in particular our local artists, Carol Evans, Robert Bateman and Jack Avison. As a tribute to their parents, their sons, Martin and Bill King, have chosen to donate three framed prints from their collection to be used in the silent auction at our golf tournament this year. We are grateful for these beautiful works of art, as well as some splendid bird books, and truly appreciate the spirit in which they have been given.

The 27th Annual Tournament will be held on July 14th. We would love to have you golf in our Texas Scramble event or come enjoy the dinner that night in the clubhouse. This year we are helping the Salt Spring Golf and Country Club celebrate their 90th consecutive year in business!! ■



Jack Avison "Fulford Harbour"
Silent auction painting



Long time supporters of the golf tournament Gus Agostinis, John and Carla Ellacott and Randy Miron entering once again as Big Bear Services

We're here for you



Dr. Anik Mommsen-Smith



Elaine Theunisz



Leah Little

**Your donation
provides a
powerful return
on investment for
our entire community.**

Your gifts and spirit of philanthropy are critical to the success of our hospital.

Thank you to all of our donors and volunteers for your generosity and helping hearts.

Your contributions and loyalty help to support the health and well-being of our community.

Lady Minto Hospital relies on your support!



Jan Hartwig



**Thank you for being there for us...
...we are here for you.**



The Foundation supporting Lady Minto Hospital since 1992.
LadyMintoHospitalFoundation
Excellent Care Closer to Home

www.ladymintofoundation.com

You can make a donation online through our website, or contact us at 250-538-4845



YES! I would like to make a donation to the Lady Minto Hospital Foundation

You choose how your gift helps the hospital by directing your contribution to one of the following Funds or Endowment...

Enclosed is my tax deductible gift of \$ _____

☐ Annual Fund ☐ Endowment Fund ☐ Extended Care Fund ☐ Education Fund

☐ **MEMORIAL GIFTS** are a wonderful way to remember loved ones, and to share gifts that truly make a difference for patients and residents. Please include the memorial name and the name, address and relationship of the person you wish to receive acknowledgement of your gift.

Memorial info: _____

Name: (as you wish it to appear for donor recognition) _____

☐ I prefer my donation to be anonymous

Address: _____

Postal Code: _____ Phone: _____ Email address: _____

I prefer to use my VISA or Mastercard in the amount of \$ _____

OR/ I wish to make a monthly donation of \$ _____ to be charged against my account.

Account Number: _____ Expiry: _____ Security PIN: _____

Name on card: (please print) _____

Thank you for helping us to ensure that we continue to have excellent health care on the Island. Tax receipts are issued for all donations. Charitable taxation # 135048148RR0001

This form can be mailed to the Lady Minto Hospital Foundation 135 Crofton Road, Salt Spring Island, B.C. V8K1T1 or faxed to, 250 538-4870

Lady Minto Hospital Foundation
135 Crofton Road Salt Spring Island B.C. V8K 1T1

