

Medical Imaging Services at Lady Minto Hospital

The People with X-Ray Vision

by Diana Hayes



*Pam Moore with new portable FAST
Ultrasound equipment*



Leanne & Pam, Ultrasonographers

The Medical Imaging Department at Lady Minto is a vital and very busy department comprising X-Ray, Ultrasound and Electro-Diagnostics.

The Department has grown in leaps and bounds over the past decade with new technology and equipment upgrades, many of which have been made possible through the generosity of our community and donations to the Foundation. Over a decade ago, the Foundation embarked on a major campaign to raise funds to purchase the **Computed Radiography** system. The expensive X-Ray

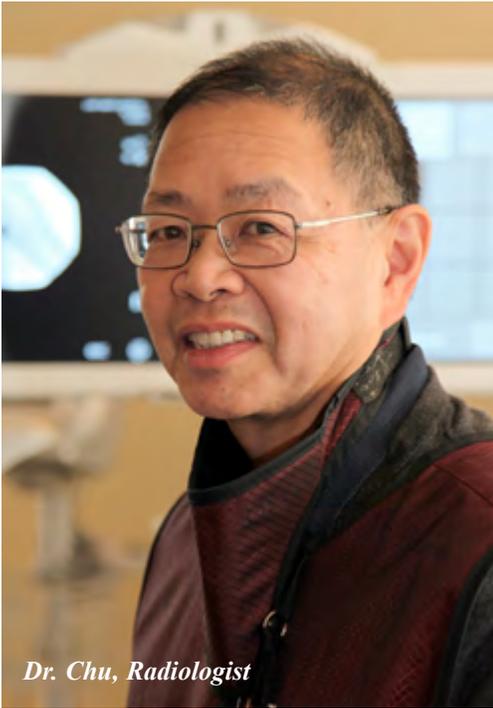
machines are still needed but the new imaging system eliminates the need for X-Ray film processing by utilizing digital imagery instead. Production of digital images is faster than film, rendering an image in 63 seconds or less. Images can be easily catalogued, copied and stored to ensure they are quickly available when needed. The image generated can be optimized through electronic manipulation and accessed by specialists and other medical personnel possessing access rights. Since all facilities within the Island Health Authority are now on the same system (PACS), images can also be viewed by medical personnel



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Moving to a Greener Lady Minto



Dr. Chu, Radiologist

remotely. There are Island Health Radiologists in Victoria available 24/7 to read exam results remotely.

Another major acquisition made by the Foundation was that of a digital fluoroscopy unit (C-Arm), an instrument which allows for real-time X-Ray views for procedures such as joint injections. These procedures are carried out in the Endoscopy Suite on a monthly basis by Radiologists from Victoria with assistance from Lady Minto X-Ray staff.

The X-Ray Department performed 6886 exams last fiscal year and of those, 56% were for outpatients (generally booked examinations) and emergency and inpatients represent the remainder. Currently the department is open from 8 a.m. to 4:30 p.m., six days a week with 24 hour call back coverage. The X-Ray staff also performs ECG's, Holter Monitor recording and cardiac treadmill testing.

“X-Rays not only have a phenomenal use in the radiology world, but they have been discovered and enhanced by some of the most phenomenal people. They have set the foundation for many of us to detect early abnormalities, and most importantly, get a second chance at life.”

Radiology History, Amber Blog

**LADY MINTO
HOSPITAL FOUNDATION
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moving to a greener Lady Minto

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The advantages of having Diagnostic Ultrasound capability at Lady Minto are enormous. Back in 1999, island resident Jack Fisher recognized this need and thanks to his substantial financial support the hospital was able to purchase the first ultrasound machine. This equipment was upgraded in 2008 and since then, two FAST Ultrasound units have been purchased with Foundation funding for use in the Emergency Department.

Ultrasound services are provided five days a week with an average two week wait. Typically, there are 8 booked out-patient appointments and an additional 2 emergency/urgent scans added to our normal scheduled appointments but on many days 3 or 4 additional urgent/emergent patients are accommodated. During the last fiscal year (2016-2017) the Ultrasound Department performed 1063 exams and of those, 90% were for outpatients.

Community support through the Foundation has resulted in Medical Imaging gaining updated equipment for its Electro-Diagnostics procedures. A fundraiser was initiated two years ago which made possible the purchase of a new E.C.G. machine. A new treadmill was also purchased by the Foundation and treadmill tests are carried out by General Internist Dr. John Morse with assistance from the talented radiology techs. New Holter Monitors were also purchased recently. These units allow patients to undergo 24 hour cardiac monitoring on an outpatient basis.

The Foundation is committed to supporting the department by providing the most up-to-date equipment and technologies. We are proud of our contributions to Lady Minto Hospital and grateful for our generous community which makes all of these possible. ■

WE WELCOME NEW DEPARTMENT HEAD AND ULTRASONOGRAPHER

PAM MOORE



Pam Moore joined the department in September of this year and as a skilled and experienced Ultrasonographer she was immediately in high demand. She worked independently in Ontario as an Ultrasonographer, providing services to a number of facilities in a community of approximately 4,000 and which, like Salt Spring, tripled in population during the summer months. She says working in

medical imaging is very much a team effort. "Ultrasound is a tool that is used more and more in the medical field. Being good at it is "an art" – you have to be able to "see wonderful things in clouds." It is very much a subjective specialty and

requires lots of experience to be proficient at it."

Following a 27 year career in this specialized field, Pam and her husband, a retired OPP

officer, moved west to Salt Spring from their family home at Bancroft, Ontario.

In her "down time", Pam enjoys many outdoor sports including horseback riding and kayaking. Her kids are now age 20 and 22. Her son is a firefighter and her daughter works in early childhood education. Both are holding down the fort on their family farm in Ontario where dogs, cats and horses abound.

Pam is joined by **Leanne Lafrance**, Ultrasonographer, who provides ultrasound exams as casual back-up. She has been working in this specialty since 1993 and worked at UBC Hospital for over 15 years. Her husband is a Radiologist at UBC/VGH Hospital and still works there. She lives on Salt Spring Island full time now where her two daughters attend school.



MEET OUR X-RAY TECH STAFF

AARON MINVIELLE



Aaron describes himself as coming from a "Lady Minto family" and you'll see why this is true. His family moved to Salt Spring in 1976 from Montreal. His mother, Loretta Minvielle worked as a nurse at Lady Minto for 25 years and his sister, Michelle also worked here for 20 years as an R.N. Aaron's brother, Rob has worked in the Facilities, Maintenance &

Operations (FMO) Department and his sister-in-law Barb worked as a nurse aide in Extended Care. Aaron says, "what I really love about working at the hospital is getting to know so many different people, from all age groups and all walks of life. Being able to help them, be it in a routine way or in an emergency situation is what makes the job special."



CHRIS GIX

Chris was born in Oregon and his training in X-Ray technology was completed at Oregon Institute of Technology, a facility very similar to BCIT where "techs" are produced here in B.C. During his career he spent a few years working in Saudi Arabia and several years at a community hospital in Oregon. His work at larger hospitals included a variety of radiology

services such as angiography, CT scanning, and duty in trauma centres, intensive care units and the operating room.

Chris came to Salt Spring Island in 1988 but commuted to Victoria General Hospital for many years before taking the position at Lady Minto. His wife, Maureen Gix, has worked in home care nursing as a wound care specialist. Chris says "an interesting difference between Lady Minto and the larger facilities is the heightened sense of community that I experience. On any given day I encounter people I have previously met as patients or as fellow Salt Spring Islanders. Having been a consumer of medical care and also a provider of medical care both in the U.S.A. and Canada, I must say that, in both roles, I much prefer the Canadian system."



Arlene with the C-Arm

ARLENE NIKIFORUK

Arlene says she trained in Medical Imaging at BCIT “way back in the stone age”! Since then she has worked all over the Lower Mainland, the greater part of which was spent initially at the old Shaughnessy Hospital and then in the Vancouver General Emergency Imaging Department. The demands of that position eventually became too exhausting and she made a move to the Okanagan; however, she missed the west coast and the ocean. She knew she didn’t want to go back to a major trauma center so she phoned the X-Ray supervisor at Lady Minto on the off chance they might need a casual tech. Good fortune smiled on her that day...the supervisor said one of the techs had put in her retirement papers THAT DAY and asked if she would like to apply for her position! That was 2009 and the rest, as they say, is history. Life on Salt Spring has been a perfect fit for Arlene.

“I really do feel so fortunate to work at Lady Minto, not only because I get to work with my wonderful colleagues but because of the camaraderie we enjoy with all members of the hospital staff. We all work together to provide the best care we can for all our patients, regardless of their background or circumstance.”



Kelly Konrad



Alexandria Walenciak

Kelly Konrad and Alexandria Walenciak also provide tech support on a casual basis. ■

It's your hospital.

help us help you!

Provide up-to-date technology for a healthy community.

Lady Minto Hospital's Department of Radiology team, L to R: Chris Gix, Barb Todd, Judith Harrison (sitting), Aaron Minvielle, and radiologist, Dr. Don Shea

LadyMintoHospitalFoundation
building a healthy community

The Foundation raised \$350,000 for the Computed Radiography campaign in 2004

SAVING LIVES

AEDs on Salt Spring Island

by Elizabeth Weston, CPR/AED Trainer

I want to congratulate the Foundation on a job well done! About six years ago, a local doctor became concerned about people dying from cardiac arrest in the community when there was a device available to zap the heart back into normal rhythm. But this device, an A.E.D. (Automated External Defibrillator) must be close by when the hearts starts to fibrillate. The Lady Minto Hospital Foundation took the lead. Now there are more than 36 units in public places on the island. People have been taught how to use them and annual maintenance has been made available. Indeed, a job well done.

Yes we have done well. But there is much to be done. An A.E.D. is not a wall ornament; it must be used to realize its potential. We need to provide ongoing awareness and support in the community to ensure that as many people as possible feel competent to use them.

There are communities where a person has been found dead underneath an A.E.D. Why? I do not know for sure but there are some who are afraid to use it, others just do not know how to and others who really want to help but not today. We on Salt Spring can be proud. Two people have been saved using an A.E.D.

We have invested time, energy and money in the A.E.D. program but we need to continue the awareness to make sure everyone knows the life-saving potential of this device.

We can start by asking everyone – “Do you know where the closest A.E.D. is kept?” If they answer with a location, we need to also ask, “and where in that building is it kept?”

Become familiar with your community’s A.E.D.s Be part of the life-saving team and take the course if you have not already done so. For more information, contact the Foundation and ask for Karen Mouat at 250-538-4824. ■



AED/CPR [C]

Classes scheduled in 2018:

January 13

January 23

February 17

March 7

March 24

Classes run from 11:00am to 4:30pm (5 1/2 hour classes) which allows for several breaks of varying lengths. We supply blankets but students are welcome to bring their own blanket. Bring a light lunch and or snacks and a water bottle as well as notebook and pen.

Registration fee: \$20

Contact Karen Mouat for registration:

250-538-4824, or Karen.Mouat@viha.ca



WELCOME TO THE EXTENDED CARE MUSIC PROGRAM

Special appreciation and a big thank you to all of our performers this past season

JULY
AUGUST
SEPTEMBER
OCTOBER
NOVEMBER
DECEMBER

Paula Kiffner, Tami de Sotos, Carol Wright
Valdy and Kathleen
Women of Note
Alan Moberg
Reeds and Wires
Valdy



A reception for volunteers follows with the residents



ON HUMAN DIGNITY

Margaret Mackenzie, LMH Auxiliary Volunteer Coordinator

The British Romantic artist J.M.W. Turner depicts the passing of an age in his 1839 painting of “The Fighting Temeraire”. As the ship is being towed up the Thames the sunset evokes the end of life, illuminating the old ship, its wood white, near death, like pale skin against its skeleton. The *Temeraire* is beautiful and stately in its old age. In reality its masts would already have been taken down but Turner has retained them so that the ship keeps its dignity. It has done its work well so that even in death it has grace and grandeur.

Turner’s painting is an allegory for human life. The old ship encourages us to live life fully to the very end, maintain our dignity and worth of human personality throughout.

This is no less so for our residents in Extended Care who, facing aging and illness, are on this journey the painting depicts. Having lived a full life they now become aware of the reality of their needs; however, their poignant feelings experienced through this awareness are not a condition of diminished human dignity. The dedicated and loving staff and volunteers in Extended Care recognize that human dignity is not based on what one does but who one is. It reveals a respect for each resident as a person, realizing their painful and distressful feelings in making this transition into Extended Care.

In acknowledging a dependency on others, waiting becomes a daily aspect for our residents. This is one of the most poignant and intense experiences of being human. The ensuing frustration can be felt as an affront to their human dignity or diminished worth. Human relationships are so important here, in acknowledging their need to be recognized by others, and feelings accepted for who they are. This invites respect and where human dignity prevails, a calmness ensues.

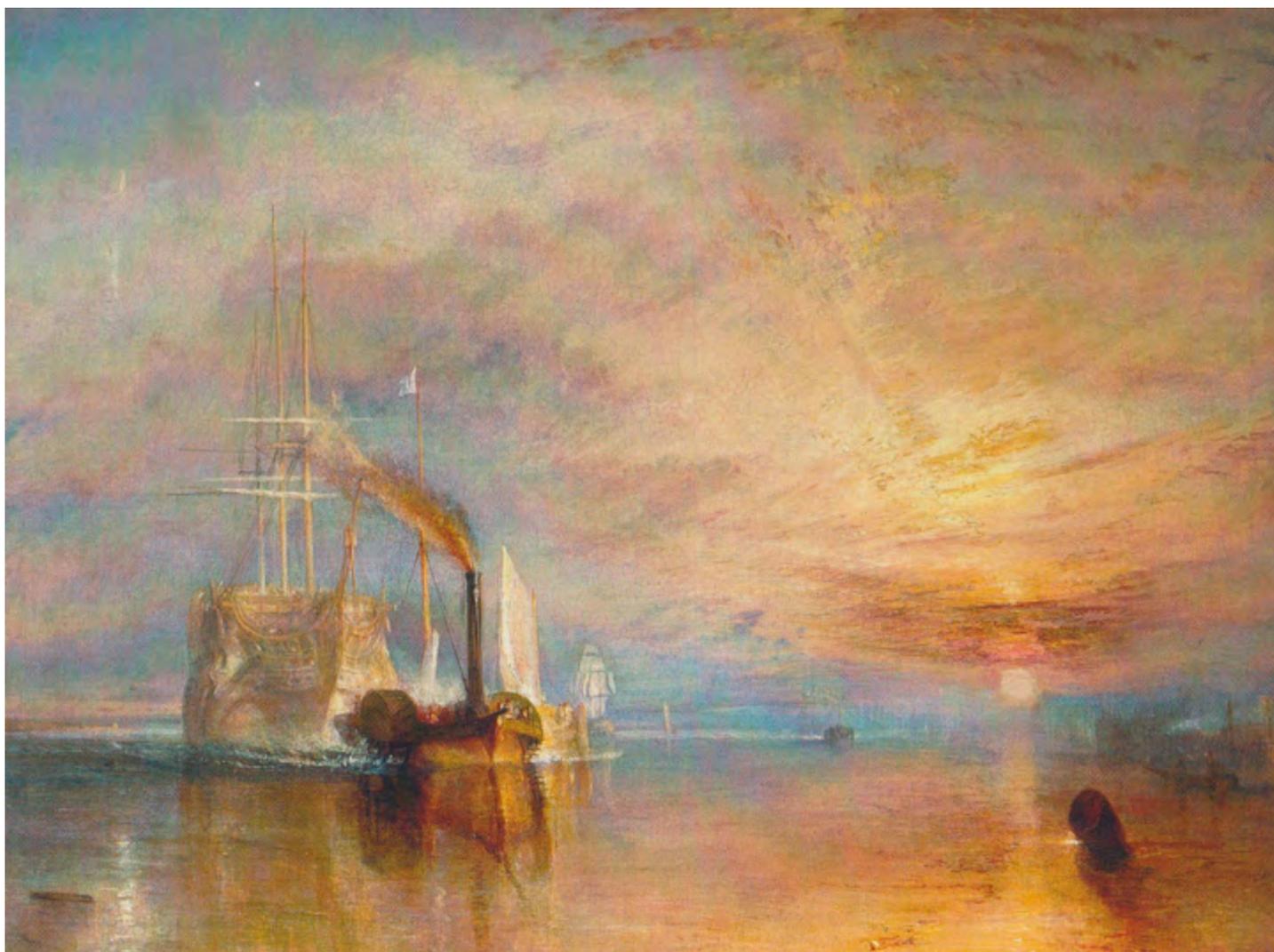
Every human life is valued. The relation of reality and the residents' realization, in their past and now present lives are all encompassed in the caring and compassion given in Extended Care.

As is the emphasis in Turner's *Temeraire*, we too can

be caught up in the majesty of beauty and stateliness of old age, in the evening of our lives when our work is done. Ordinary life down through the ages has disclosed these personal and universal qualities; our inner strength in our aged bodies, our dignity intact. It is a time of fulfilment.

Martin Luther King Jr. spoke about the interdependence of all life, a dignified humanity. He emphasized the fellow feeling for the person in need, and our need for inner attitudes of compassion. In his words, "the struggle for human dignity can only be done by projecting the ethic of love to the center of our lives".

In this activity of loving we are given the power of meaning and peace, and are figures of enormous dignity. ■





LMHF Chair's Report

November 2017

Kelly Hyslop

A NEW YEAR FOR THE FOUNDATION

The Annual General Meeting (AGM) for the LMH Foundation Society was held on October 19th at Penny's Pantry. Turnout was excellent with 80% of the membership attending.

FINANCIAL REPORT.

The Audited Financial Statements for fiscal 2016/2017 presented during the AGM confirmed that the Foundation is in a sound financial position. This will enable the Board to continue exploring new projects in the future such as the development of a redesigned Emergency Department for LMH. The board is keen to continue discussions on this project with Island Health and voted in September to give financial support for a comprehensive investigation of the project. "The study will determine the feasibility of expansion and provide possible design options, project costs, and operational impacts for the E.R.," as stated by Island Health Capital Planning Director, Chris Sullivan. As these developments unfold, the Messenger we will provide a progress report and will post updates on our website.

NEW BOARD MEMBERS AND NOMINATING COMMITTEE

During the AGM the Society members elected six new board members and re-elected one sitting board member for two year terms, bringing the Board back up to its optimum strength of twelve voting members. These new members were recruited by the Nominating Committee to assume vacant Board positions and they have confirmed their willingness to contribute their diverse expertise and experience to the management of LMHF resources and needs.

FINANCE & INVESTMENT COMMITTEES

The Finance Committee will continue to meet monthly to review the financial statements, review funding requests

and manage the budget. A separate committee has been struck to review, on a regular basis, the Foundation's investment portfolio. The Investment Committee now has more members with expertise and experience and will be reviewing the investment strategy for the Board in this coming year.

COMMUNICATIONS & FUNDRAISING COMMITTEE

This committee will continue to meet monthly to review and oversee existing activities, explore new initiatives for the Board's consideration and communicate the activities of LMHF to the public to maintain awareness and ongoing support. This will include regular updates on future fundraising campaigns including the one to support Island Health's LMHF Emergency Room redevelopment.

CONSTITUTION, BYLAWS AND POLICY COMMITTEE

There has been much work for this Committee in the past few months, with more in the year to come, to ensure that the Foundation is compliant with the new Provincial Societies Act. While making the changes required by the new Provincial Act the Foundation also has the mandate to realign our societies' bylaws and update the Board Policy Manual to comply with the revisions. A special meeting of the Society will be called in mid 2018 before the submission deadline to review the updates and ensure they meet the Provincial Registrar's requirements.

The Board's intent is that these committees be autonomous and flexible within their assigned functions in the future. However, it is expected that the committees will meet more frequently to maintain the momentum of projects and initiatives and that they will report their activities to the full board when it convenes.

THANKS TO THE FOLLOWING:

Karen Mouat has looked after many aspects for the Foundation's business in her role as Business Administrator. As bookkeeper, her work includes the preparation of the accounts and books and all documents for our annual audit. She also processes all donations, manages the website and coordinates the annual Golf Tournament which is a major fundraising activity each summer. Thank you indeed Karen for all your very kind work!

Diana Hayes is the Executive Director of the Foundation. Diana has provided indispensable guidance to the Board and its Committees by sharing the corporate knowledge and expertise she accumulated over 34 years in positions within Lady Minto and the Foundation. Her memory and experience has helped Board members past and present become aware of the requirements of a charitable foundation such as ours. She communicates and arranges all Board and committee meetings and maintains detailed records of these events and Foundation history. She is also the chief link between our Foundation, Island Health and other regional hospital foundations. Her most important job is her communication with many donors to LMHF. She does this personally through visits, phone calls and correspondence with donors. She is also the principal writer, photographer and editor of the Lady Minto Messenger, our bi-annual newsletter and she coordinates the annual Phantom Ball fundraising campaign. Thank you Diana for your valuable help and advice.

THANKS TO THE THREE DEPARTING BOARD MEMBERS

In closing, I would also like to take this opportunity to say a huge thank you to three board members who retired from the board this fall.

Stephen Roberts was Chairman of the Board and had a busy year indeed last year. During his time as chair, he encouraged the Foundation to explore more ambitious projects and he re-initiated the process with Island Health

to improve our Emergency Department at LMH, a project which we have been trying to achieve for many years.

Drew Stotesbury joined the board in 2015 and his ideas, astute business acumen and experience will be missed. He

arranged for the wonderful donation of a trip to Turtle Bay Resort in Hawaii to be the Phantom Ball prize over the past two years. This was hugely helpful to the Foundation's fundraising efforts. The Foundation is very grateful for Drew's involvement and wishes him the best for his future endeavours.

Fred Lizotte was the Foundation Treasurer. His help was fundamental in keeping the Foundation within the financing rules set by Revenue Canada for all Registered Charities. He donated his professional time as an accountant to the Foundation for many years and for this we are very grateful. We all wish him success going forward in his accountancy profession. Fred will be focussing full time on his own business in the future, MLW Accountants in Upper Ganges

Centre...on Lower Ganges Road.

MORE THANKS

Thanks also go to outgoing Site Director, Bill Relph. We welcome and look forward to continuing our productive relationship with Bill's replacement, our new Site Director, Sara Gogo.

Thanks indeed to all of you. The Foundation wishes you all the best and good luck in the future.

Finally, our appreciation goes to the new members who have stepped up to contribute their energies to our cherished Foundation and Hospital in the coming years. We are excited to welcome aboard Janet Cunningham, Brett Webb, Derek Fry, Brian Mitchell, Catharine Schlenker, and Patrick Taylor.

Thank you all for being willing to volunteer your time and efforts for the LMH Foundation. We all look forward to having an energized and effective Board going forward this coming year. ■



Kelly Hyslop making a presentation on behalf of LMHF at the Salt Spring Sailing Club, May 21st

Phantom Ball



PHANTOM BALL 2017

THE LUCKY WINNERS OF THIS
YEAR'S PRIZE PACKAGE FOR
TURTLE BAY RESORT, OAHU HAWAII

It couldn't have been more perfect. There was palpable suspense as Fundraising Committee Chair, Patrick Taylor, drew the winning ticket for this year's Phantom Ball prize at the Donor Recognition Event held at Penny's Pantry on October 5th. Patrick's voice hesitated for a moment after he announced the winner's first name JOHN... followed by the full name John Woodward.

What luck that Mr. Woodward was in the room with his wife, Linda Stafford to receive the news first hand. Both are long time donors to the Foundation and were speechless during the presentation of the prize certificate by Executive Director, Diana Hayes.

There is an inside story too which makes the draw all the more poignant.

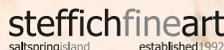
Over 40 years ago, Linda vacationed in Hawaii and was a guest at the resort KUILIMA, which was situated on the same property as Turtle Bay Resort is today. She was there with her daughter Melanie and family, and stayed again at Kuilima two years later, when she was expecting her second daughter, Lisa.

After John and Linda had time to digest the news about the incredible prize package to Turtle Bay, they made the decision, for health reasons that would make such a long trip difficult, that they would surprise their daughter Lisa and family with the trip. Lisa, her husband Micah Booy, and their son Lukas would be over the moon with this news!



Linda Stafford and John Woodward, lucky prize winners

Thanks to OUR SPONSORS





Linda's daughter, Lisa Stafford and husband Mikah Booy with son Lukas join Linda and John in the excitement

And they were... Lukas is an avid surfer and the family was in fact at Long Beach the very week-end when John and Linda announced the *Phantom Gift*. Lisa and Micah hope to book their trip in February or March of 2018 when the Hawaiian sun will be a welcome nourishment after what is likely to be a dull and rainy (or maybe white) west coast winter.

I think John's excitement at surprising his family with this gift was equal to his amazement when we called out his name at the Foundation's prize draw.

It is so rewarding to know that the Phantom Ball campaign will help many residents of Salt Spring with their hospital care at Lady Minto. Proceeds from the campaign go towards the Annual Fund which helps purchase priority equipment items. This year, over \$100,000 was donated for the campaign, a record best!

This year's prize package was made possible by a generous donation from past board member, Drew Stotesbury. Uniglobe One Travel supplied a travel kit and Mangini leather holder and will make all the travel arrangements for the winners.

Aloha! to Lisa, Micah and Lukas, and a big congratulations to Linda and John for being the lucky winners. ■



Linda and daughter Melanie, on the beach at Kuilima, 40 years ago



WHO WAS LADY MINTO?

by Diana Hayes



We often get calls or visitors asking who Lady Minto was and why the hospital was named after her.

She was born Mary Caroline in England in 1858 to Caroline Eliza, and the Honorable Charles Grey (the 3rd Earl Grey). Her brother, Lord Grey was to succeed Lord Minto as Governor-General. In 1883, she married Gilbert John Murray-Kynynmond Elliot, 4th Earl of Minto, who became the 46th Governor-General of Canada from 1898 – 1904.

Lady Minto worked with great dedication and energy on a number of projects of a benevolent nature and in her official position was able to carry out many successful fundraising schemes. The Victorian Order of Nurses was founded to commemorate the Diamond Jubilee of Queen Victoria, in

1897, and Lady Minto Played an important part in the early years of the Order. She instituted a fund to which she subscribed liberally, for the creation of cottage hospitals in remote districts. At one time there were as many as 50 cottage hospitals opened across the country in her name.

Today, the Lady Minto Hospital on Salt Spring and the Lady Minto Hospital in Cochrane Ontario are the only two remaining.

She was fond of outdoor winter sports, was a keen skater and would participate in Scottish dances, often kicking up her heels in a Highland feel. She had an adventurous spirit and no doubt, without her concern for the health of those citizens living in remote regions in the country, the many cottage hospitals bearing her name would not have come to pass. ■

“CYCLING IN HYDE PARK”

A GIFT FROM ISLAND RESIDENT CATHERINE MATEER



The Foundation recently accepted an unusual gift from new Salt Spring Island resident, Catherine Mateer. She reports that it turned up in an auction in Washington State where she was teaching at the time in the field of Neuro-

Psychology at the University of Western Washington.

The lithograph with Lady Minto first appeared in a Supplement to Vanity Fair on June 11, 1896. A clipping from Vanity Fair described the daring Lady Minto:

“One day a lady rode forth on a bicycle. Then the makers made machines for ladies: with skirt nets, without bars; and other ladies rode. They increased in number till

Fashion herself bicycled; and now the lady bicyclist is frequent as the man.... More than this, the Medicine man has commended it for ladies; and the Government have recognised it as a proper method of perambulating Hyde Park. And some of the ladies who have caused all this are pictured here today.” ■

WELCOME TO OUR COMMUNITY VOLUNTEERS



NORBERT SCHLENKER
**CONSULTANT FOR THE INVESTMENT
COMMITTEE**

Since arriving on Salt Spring in 2000, Norbert has volunteered as President of the Salt Spring Stingrays swim club, President of ArtSpring, Treasurer of the Salt Spring Island Sailing Club, co-ordinator of two volunteer clinics that prepare about 200 tax returns for low income individuals each year, and as an elected trustee of the Salt Spring Island Fire Protection District.

Norbert Schlenker has a B.Sc. from Dalhousie University and an M.A. from Princeton. He was a retail broker at a bank owned Canadian investment dealer from mid-2000 until early 2003, after which he founded a fee for service investment advisory firm. Prior to that time, he underwrote and traded municipal bonds for a large US bank, managed the back office for a variable rate remarketing desk, and developed trading and risk management systems for derivatives traders. Norbert has held a CFA charter since 1999, is a Certified Financial Planner, and holds the CIM and FMA designations from the Canadian Securities Institute.



KAREN DAVIES
**COMMUNICATIONS & FUNDRAISING
COMMITTEE**

Karen continues to volunteer on our Communications & Fundraising Committee and participates on the Golf Tournament Committee each year. Karen retired as C.E.O. of Lady Minto Hospital in 2006 which concluded her long and very successful career as a nurse and senior administrator in health care.



MEET OUR NEW BOARD MEMBERS



JANET CUNNINGHAM

Janet was born and raised in Vancouver. She attended UBC in the Nurse Practitioner Program and received her R.N. certificate in 1977. She completed a B.A. degree from UBC in 2001 and was accepted into the Masters of Vocational Rehabilitation Program. During her nursing career, she specialized in Surgical and Psychiatric Nursing. She has also worked as a successful businesswoman in real estate. She has worked as an educator/coach, a human resources manager and facilitator for a number of organizations including Chair of the Government Relations Committee REBGV, and Chair of the BC Real Estate Association.

Her volunteer work includes organizations such as West Vancouver Youth, Covenant House, Crisis Center, and the Lions Gate Hospital Foundation. She is married with two children and three grandchildren and has had a family home on Salt Spring Island since 1983. She retired three years ago and looks forward to becoming more involved with community service.



DEREK FRY

Derek Fry moved to Salt Spring in 2008 and joined the Lady Minto Hospital Foundation in 2010, serving as Board Chair in 2012/2013. He was instrumental in setting up the Foundation's AED program in January 2012 and still volunteers as program coordinator, organizing the annual maintenance for all AED units on Salt Spring.

Derek spent 47 years in the financial services industry in the United Kingdom and Canada. In his 19 years with Bank of Montreal he led the systems division and represented BMO as President of both MasterCard and Interac. Leaving BMO in 1996 to become President of VISA Canada, he led the introduction of chip card technology and represented Canada on the Visa International Management Executive Committee.

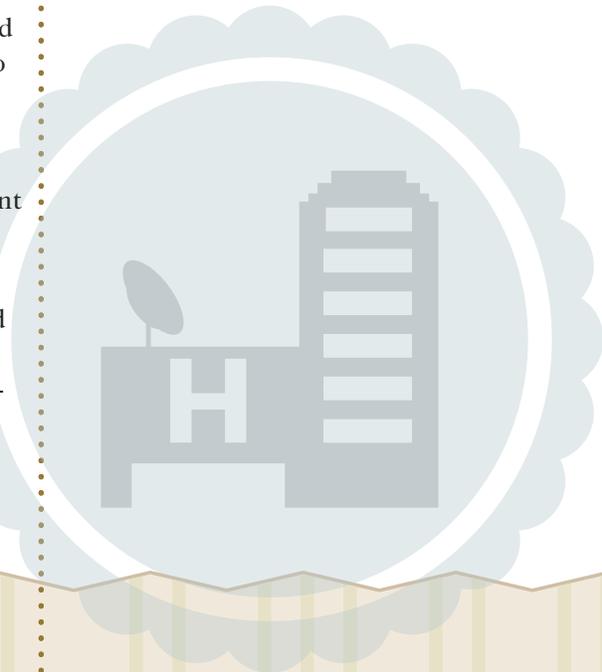
Derek and Pam have been married for 52 years, enjoy travel, fitness and walking Stanley, the Labradoodle. Derek is a frequent player at the fantastic new Salt Spring squash court. Pam and Derek have a son, daughter-in-law and two grandchildren in Nelson, BC.



BRIAN MITCHELL

Brian is a FCA-CA and was in the Stevedoring Business for 30 years with Canadian Stevedoring, the last 15 years he was President and CEO. He sold the business and moved to Salt Spring in 1999.

He was on the Prince Rupert Port Authority Board for six years and was Chairman for 4 years. He has experience as a corporate director as well as being involved with not-for-profit and charitable Foundations.





CATHARINE SCHLENKER

Catharine Schlenker, J.D., is a recent graduate of the Faculty of Law at the University of Victoria and is presently completing her articles at Crease Harman LLP in Victoria.

Catharine grew up on Salt Spring and still considers it home, returning as often as possible to visit her family and friends. She is a volunteer with the Canada Revenue Agency’s Community Income Tax Preparation program and assists low income individuals with their tax returns both in Victoria and on Salt Spring through Salt Spring Seniors and Salt Spring Community Services.

Additionally, Catharine is the Chair of the annual Victoria Law Day planning committee which engages the community in learning about the justice system through activities and events held at the Victoria Courthouse.

In her spare time, Catharine enjoys spending time with her son, tending to her orchids and baking.



PATRICK TAYLOR

Patrick Taylor was born in Blackpool Lancashire England and grew up in Bangor, County Down Northern Ireland after his father returned from overseas service with the RAFVR.

He completed his medical training at Queens University in Belfast and completed his specialty (MRCOG) in London in 1969.

He is a retired Gynecologist and Full Professor from the University of Calgary and UBC Vancouver, having won the President’s Award for lifetime achievement in 1998 from the Society of O.B.GYN of Canada. Since retirement in 2001, he has authored 17 works of fiction including 13 in the “Irish Country Doctor” series.

His hobbies include bagpiping, flyfishing, model boat building and offshore sailing, both cruising and racing.

He has served as chair of the LMHF’s Communications and Fundraising Committee since 2011.



BRETTNEY WEBB

Brettney Webb CPA, CGA (Brett) was born and raised on Salt Spring and now resides here with her husband and two children. She has a Bachelors in Business Administration, with a major in accounting, and has attended the University of Waterloo, the University of Victoria and Camosun College. Brett worked in the golf industry for 7 years. During this time, she developed a love for bookkeeping and accounting. Brett completed her CPA designation in 2013 and partnered with Karen Dakin in 2015. Together, they own the firm, Dakin & Webb Inc. Chartered Professional Accountants, on Salt Spring Island. Brett has worked in the accounting industry for 7 years and especially enjoys working with not-for-profit organizations. Brett enjoys being active in our local community. She serves on one other not-for-profit board and is the PAC treasurer at Fernwood School. In her spare time, Brett enjoys martial arts, hiking, camping and working in the garden.

Phil·an·thro·pic \ fi-lən-'thrā-pik \

adj

charitable, generous, benevolent,
humanitarian, public-spirited,
altruistic, magnanimous,
liberal, open-handed,
generous, liberal, general to a



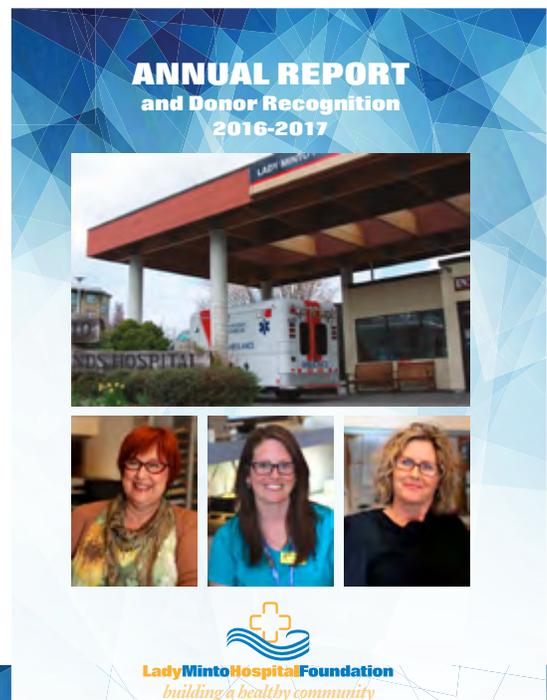
The Lady Minto Hospital Foundation participated in a community awareness program with other charitable organizations on the island. Headed up by the Salt Spring Foundation, the “SaltSpringCares” brochure was created with participation from seven charities: Greenwoods, ArtSpring, Lady Minto Hospital Foundation, Meadowbrook, Salt Spring Hospice, Salt Spring Island Conservancy and the Salt Spring Foundation. The brochure was created to inspire islanders to “take the first steps towards planning for charitable giving and leaving a legacy for future generations.”

LADY MINTO HOSPITAL FOUNDATION ANNUAL REPORT & DONOR RECOGNITION

April 1, 2016 – March 31, 2017

Copies of our Annual Report & Donor Recognition Publication are available in hard copy or as a PDF.

Please contact our office at 250-538-4845, or email the Executive Director at Diana.Hayes@viha.ca to request a copy.



THE FOUNDATION RECEIVES A GENEROUS GIFT FROM THE ESTATE OF JOAN MURIEL NICHOLSON

By Diana Hayes



It is always a very special blessing when we receive notice that an estate donation has been made. A bequest is an unexpected gift and acknowledges our charitable purpose. It reflects a deep trust between the donor and the foundation and reaffirms our commitment to the Lady Minto Hospital. We are honored when the Lady Minto Hospital Foundation is named in a will and can assure our community of donors that their gift will make an important difference in the health and well-being of our patients and residents.

Joan Muriel Nicholson was born Joan Pinkney in Montreal on May 23, 1930 and was raised by her adopted parents Stanley and Lillian Aird. She met her life-long companion and soul mate, Colin Nicholson in Montreal and they were married in 1960.

Joan and her husband, Colin enjoyed their retired life on Salt Spring in their cozy home and property on Kings Lane which housed their many pets and garden projects.

Joan volunteered at the Salt Spring Island Library on Fridays, sang regularly with the Salt Spring Singers, and enjoyed many wonderful dinners at her favour island eatery, Golden Island Restaurant. She was an avid weaver and gardener. Predeceased by her husband in 1997, Joan lived her final years at Greenwoods and passed away on January 10, 2017 peacefully in the company of her loving caregivers, Elizabeth, Kathy, and Greenwoods staff. ■





Staff join in the celebration of the Salty Award for Top Health Care Providers

CONGRATULATIONS AND THANK YOU TO ALL LADY MINTO STAFF!

We are pleased to announce that Lady Minto Hospital was voted Top Health Care Provider through the Salt Spring Island Chamber of Commerce – Business Salty Awards.

The trophy is on display at the front entrance display cabinet for all to see.





WELCOME SARA GOGO NEW SITE DIRECTOR FOR LADY MINTO HOSPITAL

Sara joined Island Health in 2005 and has been evolving in her leadership ever since. In 2011, she worked as a Nurse Leader/Home Support Supervisor in Nanaimo for Home and Community Care. More recently, Sara relocated to Mt. Waddington where initially she was the Practice Lead for Home and Community Care, and for the past 3 years has been the Manager of Integrated Health Services. Prior to this, Sara was a Clinical Nurse Leader for Broadmead Care Society (Nigel Program) and has also worked at the Royal Jubilee Hospital in the Renal Unit.

Sara graduated from the University of Victoria with her Bachelor of Science Nursing Degree and has also completed her Master of Arts in Leadership, Specialization Health, from Royal Roads University in 2011.

Sara brings with her the experience of working with multiple community partners, physicians, First Nation Leaders, as well as a variety of Island Health program leaders in the rural and remote setting.

Sara will be taking over the position from Bill Relph, who is retiring December 2nd. She has been on site since October 3rd with orientation and looks forward to working and living on Salt Spring Island. She and her family vacationed here many times over the years and camped with their kids at St. Mary's Lake and Ruckle Park. Sara's husband, John Gogo, is a singer songwriter and comes from a musical family. All three daughters, Carli, Jena and Jeri, are also musical. Sara

has been learning the ukulele and began voice lessons last year while she was working in Port Hardy. Her parents live close by in Maple Bay and her sister and brothers live in Victoria which will make easier family visits.

We welcome Sara to our Lady Minto family and look forward to working with her. ■



FAREWELL TO BILL RELPH

The board extends their best wishes to Bill Relph, who will be retiring from his position as Site Director at Lady Minto Hospital in early December 2017.



ECU Resident Ellen Southam with daughter Carol enjoying Fish & Chips at Moby's

ECU OUTINGS PROGRAM sponsored by the Foundation

Karen Mouat

I spent an hour at Moby's with some feisty Extended Care residents and got a real sense of why they love their outings, and why Jennifer Ritson, Extended Care Unit Activities Coordinator, finds them an important part of her commitment to her family in ECU.

Having worked over 26 years in ECU, Jennifer has developed an authentic rapport with each and every resident she has had the privilege to work alongside. She recalls the first time they had a bus outing almost 10 years ago.

"We took four residents out for a drive — a couple of them hadn't been for a drive in years. It was an amazing experience. Now we are able to take the residents out about every six weeks. We can invite family members and friends for lunch, go on picnics and drives to different parts of the island and the Fall Fair. Residents enjoy the anticipation of planned outings, discussion about where we will go and what we will see. Talking about what to eat is very important. When we come back to the unit, we get to talk about what did happen and what we saw. All these experiences are part of everyday life which many people take for granted."

Jen Ritson hamming it up with ECU resident, Margaret Baker at a recent luncheon at Moby's

The Hospital Foundation is pleased to fund these outings which average about two per month, with the residents taking turns. Jennifer and Dorothy Copeland, Activities Assistant, have their hands full answering to the needs of half a dozen residents per trip but there is a lot of laughter and love around that family table. ■





SHANNON WARDROPER

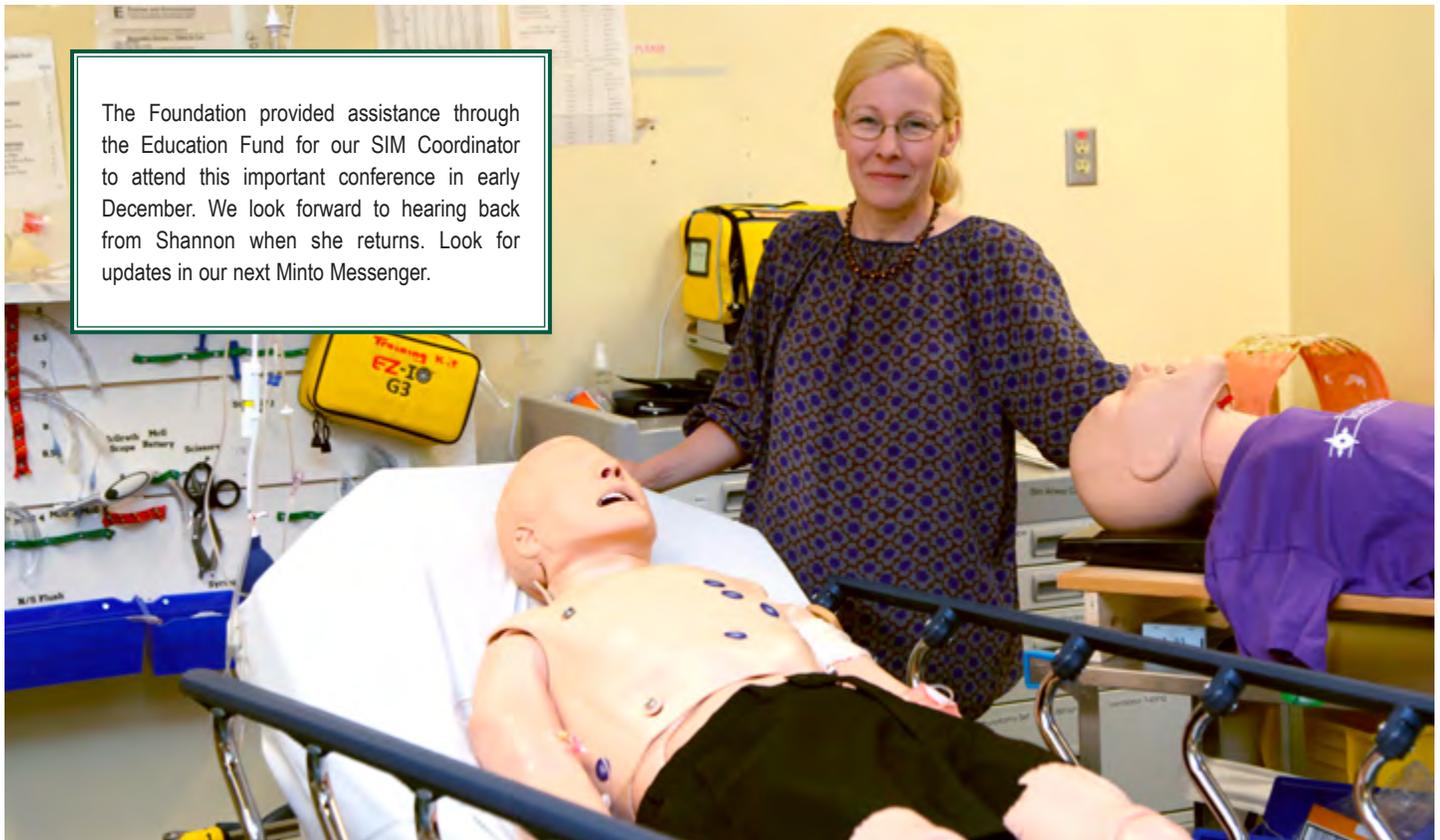
CONTINUING PROFESSIONAL DEVELOPMENT (CPD) COORDINATOR

I am very appreciative of the Foundation in aiding me to attend the upcoming international Medical SIMULATION conference in Toronto at months end put on by the Canadian Network of Simulation in Health Care. This is an amazing opportunity to not only learn about cutting edge simulation techniques but to meet and gain insight into the practices, curriculum and technology employed by leaders in Medical Simulation. In addition to building relationships, uniting the simulation community is imperative and we have expanded this here at LMH in the last six months, especially in our liaisons with professionals at Victoria General, Saanich Peninsula and the Royal Jubilee.

When visiting physicians and specialists join us here in educational SIM experiences we are all not only stronger, more skilled and confident technically afterwards but also united as a group through newly forged personal bonds to other professionals at other sites often facing the same challenges. We are able to brainstorm, offer solutions and offer support to one and other .

The conference will allow me to dramatically expand our scope and field of vision and connection her at Lady Minto's SIM Lab. Conference participants are able to connect directly with peers, experts and future collaborators in healthcare simulation. I value very much that it is inter-professional and embraces people from university, college and hospital sectors, administrators, educators, clinicians, SIM centre managers as well as directors and researchers.

This year's theme is **SIMULATION & GAMIFICATION**, with a focus on applying gaming principles to improve simulation, as well as virtual patients and e-simulations to enhance learning. I anticipate full days! ■



The Foundation provided assistance through the Education Fund for our SIM Coordinator to attend this important conference in early December. We look forward to hearing back from Shannon when she returns. Look for updates in our next Minto Messenger.



ANNUAL GOLF TOURNAMENT RAISES OVER \$28,000 FOR THE TRIOLGY VENTILATOR FOR THE EMERGENCY ROOM

by Karen Mouat

Our Generous Community!

ABOVE & BEYOND:

Salt Spring Golf and Country Club

Gold Sponsors

Country Grocer, Blackburn Mall and John Lefebvre

Hole in 1 Sponsor

Jim Pattison Subaru

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SSI Golf & Country Club, Steve Marleau & Pro Shop Rockstars

Catering: Penny's Pantry on the Green and Star Staff

On Guitar: The Talented Paul Bram

PRIZE DONORS

Anna Pugh, Amber Casa, Barb's Bakery, B.E., Bank of Montreal, BC Ferries, B'Nurtured, Country Grocer, Culture Salon, Dagwoods, Embe's Bakery, Fernwood Café, Fever Tree, Foxglove Farm and Garden Supply, Fraser's Thimble Farms, Gallery 8, Ganges Gas, Golden Island Restaurant, Harbour House, Island Escapades, Key Pawn Trucking, LMH Aux. Thrift Shop, Leslie Barclay, Mondo Trading, North End Fitness, Pharmasave, Praxair Canada, Pro Shop, Salt Spring Golf & Country Club, Rendezvous Bakeshop, Robert Bateman, Rock Salt Restaurant, Salt Spring Books, Salt Spring Cheese, Salt Spring Soapworks, Salt Spring Inn, Salt Spring Wellness, Seafirst Insurance, Seaside Kitchen, Steffich Fine Art, JP Subaru, The Plant Farm, Thrifty Foods, Twig and Buoy, Upper Ganges Liquor Store, Vipond Property Management

And to the many volunteers

2017 Golf Committee, Registration Tent Troup, Floral Fingers, Raffle Wizards, from those who iron all the table cloths to those who wash them and our new Slideshow Slave....

Mahalo

Hawaiian skies and smiles were in abundance at our 26th Annual Golf Tournament! With the brilliant support of our sponsors, donors, golfers and volunteers, we raised over \$28,000 which went towards the purchase of a Trilogy Ventilator for the Emergency Room. Our day was filled with laughter, golf, prizes and food, but the underlying sentiment was – “We know how important our hospital is to our community. Why wouldn't we come out and support it?”





Seaside Surfers brought all the necessary gear for a great day on the course. These dudes were tied for first place in the tournament before a tee-off knocked them off their board. However they did win the coveted LMHF Company Sandbaggers Challenge Cup! L-R Graham Faulkner, Rick Higgs, Tony Faulkner and Isaac Faulkner



Hewitson Memorial Cup Winners: Laurie Auchterlonie, Laurie Baines, Chad Little, Stuart Georgeson (L-R)

Chad Little played on three teams in the three different flights. His team from the Outer Islands took the trophy!



L-R Lee Smallman, Tom Woods, Lee Woods, Jim Hamilton, Phyllis Smallman

It was a great day for golf and hula dancing!



Ladies Low Net winners: Anne Flieger and her family... Cheryl, Heather and Kim.

Anne's family were here from out east to celebrate her birthday milestone.



YES! I would like to make a donation to the Lady Minto Hospital Foundation

You choose how your gift helps the hospital by directing your contribution to one of the following Funds or Endowments...

Enclosed is my tax deductible gift of \$ _____

Annual Fund Endowment Fund Extended Care Fund Education Fund

MEMORIAL GIFTS are a wonderful way to remember loved ones, and to share gifts that truly make a difference for patients and residents. Please include the memorial name and the name, address and relationship of the person you wish to receive acknowledgement of your gift.

Memorial info: _____

Name: (as you wish it to appear for donor recognition) _____

I prefer my donation to be anonymous

Address: _____

Postal Code: _____ Phone: _____ Email address: _____

I prefer to use my VISA or Mastercard in the amount of \$ _____

OR/ I wish to make a monthly donation of \$ _____ to be charged against my account.

Account Number: _____ Expiry: _____ Name on card: _____

(please print)

Thank you for helping us to ensure that we continue to have excellent health care on the Island. Tax receipts are issued for all donations. Charitable taxation # 135048148RR0001

This form can be mailed to the Lady Minto Hospital Foundation 135 Crofton Road, Salt Spring Island, B.C. V8K1T1 or faxed to, 250 538-4870

Lady Minto Hospital Foundation
135 Crofton Road Salt Spring Island B.C. V8K 1T1

