

THE HEART AND THE HUB OF LADY MINTO: EMERGENCY AND THE ACUTE CARE UNIT

Most residents of Salt Spring Island have experienced either first hand, or through family members and friends, a trip to the Lady Minto Emergency Department. Staffed 24 hours, 7 days a week by specially trained nurses and on-call physicians, this service is at the heart and hub of our community hospital. What would we do without it?

The nurses provide front-line care and must be prepared for anything and everything that comes through the door, including trauma, heart attacks, maternity and psychiatric emergencies along with the garden variety of complications from colds and flu that bring people in with severe symptoms. Physicians are always within 20 minutes of the hospital when they are on-call and respond to pagers when patients are brought into the Emergency Room.

Rural and emergency nursing requires special training and skills. Regular recertification must be undertaken in courses such as Advanced Cardiac Life Support and Advanced Trauma Life Support. Maternity and paediatric emergencies also come through the door as well as acute psychiatric cases. Two years ago VIHA undertook an in-depth study of health care needs for Salt Spring and their final recommendations stated that providing adequate psychiatric and seniors care are top priorities.



Shannon is an RN and was hired under the New Grad Transition Program. The program provided funds for her to have a few extra weeks of "buddy shifts" with an experienced nurse after the normal orientation time, and also guaranteed her full time work with benefits for the first year. She is just this month completing her first year at Lady Minto and will be continuing on as a casual RN.

Psychiatric admissions represent 28% of patient days at Lady Minto Hospital.

Many of the Acute Care beds are occupied by frail elderly patients awaiting placement in a residential care facility. There is a one-year wait period for a bed

continued on page 4



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PLANNED GIVING



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FISCAL 2011–2012

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By investing in our community hospital, you are investing in our future. Remember, no gift is too small and each gift makes a difference. Capital that is added to the endowment fund is held forever and invested to provide a steady source of income to the hospital. These gifts provide a dependable source of funding now and in the future. Your donation allows us to bridge the gap between the basic and essential health care that government funding provides and the most advanced and sophisticated care possible. This allows the hospital to provide faster service, earlier diagnosis and treatment, more easily accessible treatments and better outcomes.

In addition to bequests, there are many other ways to give. Lifetime gifts such as stocks, bonds or securities can be made and your gift goes further as no income tax

is paid on the capital gain generated by this type of donation.

Please contact our office for more information on how you can make a difference in health care right here at home, for your community hospital. Call Diana Hayes, Planned Giving & Development Coordinator at 250-538-4845

LIFETIME GIFTS

- Cash & securities
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DEFERRED GIFTS

- Bequest
- Life insurance
- Charitable gift annuities
- Charitable remainder trust
- Gift of residual interest



PRESIDENT'S REPORT

David Southwell

As we swing into the fall season, we are pleased to report that the laboratory improvements funded by the Foundation are nearing completion.

The project relocates the blood collection component to a larger space allowing for greater confidentiality for our community. The lab provides in excess of 50 blood draws per day and lab hours have been extended since the larger space accommodates greater volume. Part of this project was also to relocate Health Records. This is now completed.

In addition, the Foundation plans to purchase a hematology analyzer. This equipment runs tests for red and white hematology, platelets and cell counts, thus assisting the medical staff with diagnoses.

During the coming year, the Foundation will also purchase an Endoscopic Cautery. This equipment enables the endoscopist to more finely cauterize any bleeding that may occur during the colonoscopy procedures.

An EZ-I0 device is being purchased for the Emergency Department. This equipment is for the care of pediatric patients. It makes possible an injection of intravenous fluid directly into the bone marrow. This technique is used in emergency situations to provide fluids and medication when intravenous access is not available or not feasible.

None of these important equipment purchases would be possible without your generous support.

I would also like to take this opportunity to thank everyone for their non-participation in the Phantom Ball this year. It was a great success. Congratulations to Kelly and Sandra Hyslop, the lucky winners of the Phantom Ball prize draw, a weekend for 2 at the Galiano Inn and Spa. Also, the Lady Minto 20th Annual Golf Tournament was celebrated in July to a sold out field. By all accounts, everyone had a great time and \$28,000 was raised for the hospital! Thanks to everyone for your participation.

On behalf of the Foundation, I would like to thank all of our donors and supporters for your continued generosity and support to our Community Hospital.

Visit us at

www.ladymintofoundation.com

SOME INTERESTING STATISTICS

Emergency Room Visits— average of 21/day over the past 3 years
Admissions as a result of Emergency Room Visits — average of 536/year over the past 3 years

Salt Spring Island Ambulance Activities By Category **June 2010 – May 2011 (inclusive)**

| | |
|--|-----|
| Ground Pre-hospital Responses Transported to Lady Minto Hospital | |
| Urgent Calls (Response mode – Hot) | 349 |
| Non-Urgent Calls (Cold) | 258 |
| Total | 607 |
| Ground Transfers Off the Island | 220 |
| Ground Total | 827 |
| Air (Pre-hospital and Transfers) | 39 |
| Grand Total | 866 |

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continued from front page

in Lady Minto's Extended Care Unit. As this newsletter goes to press, there are 10 patients in acute care beds waiting placement in a residential care bed. These patients are medically complicated and have increased physical needs. These are our elders with an average age of 80 and require special care and respect.

Palliative Care is another service offered and with the palliative suite, which was funded in part by generous donations from our community, end of life care can be offered in a comfortable, private and more home-like setting. The room is almost always occupied. There are currently 12 palliative care patients in the community on the active list.

Maternity care is carried out by community midwives and approximately 40 births take place at the Lady Minto's birthing room. An equal number of low-risk home births take place per year. Maggie Ramsey, Registered Midwife, is trained in neonatal resuscitation and teaches this course to our staff.

Registered Nurses (RNs) work 12 hour shifts in teams of 3 and Licensed Practical Nurses (LPNs) work 8 hour shifts. A unit clerk assists the busy acute care unit and admits patients when the admitting department is closed. Approximately 7,665 emergency visits take place per year

including booked procedures that are carried out in the emergency room.

We are so fortunate to have such a well equipped, well staffed emergency and acute care department here on Salt Spring. Where else can we receive excellent care from familiar faces, where warm blankets and hot tea are provided and where compassion shines through in spades when it matters most?



Israel Cohen, RN. and Dr. Magda Leon.

GAIL MUSSELL –ACUTE CARE NURSE

Gail Mussell joined the staff at Lady Minto over 33 years ago and is our most senior nurse on staff. Kirsten Shipway, new R.N. on staff, shares kudos in her tribute to Gail.

Lady Minto Hospital is a place of unexpected events. Any kind of patient can come through the front doors; maternity patients, mental health patients, trauma patients, cardiac patients. When such situations would arise I would always think, "Thank Goodness Gail is here!"

I have worked at Lady Minto for a year and a half and worked very closely with Gail. She supported me since our very first set of shifts together. She answered my many questions, ensured that I was in the centre of "the action" so that I could maximize my learning experiences. Gail encouraged me and took me under her wing. She is a calm, thoughtful, compassionate human being who genuinely cares for each patient she touches and those that she works with.



Gail is a brilliant nurse and mentor. As a newly graduated nurse I have been extremely fortunate and grateful to have worked with such a skilled nurse. She has all the characteristics and qualities of the kind of nurse I aspire to be. I have been honoured to work so closely with Gail.

EXTENDED CARE

- RECENT ACTIVITIES

The Fall Fair was a big hit again with ECU residents enjoying lots of flower and food displays, kids, food, handicrafts and of course the animal exhibits. Afterwards a slide show was presented to residents on the unit and everyone was able to enjoy the photographs on the big screen in the lounge. A great musical concert was provided by the "Quint Essential" music group on September 23rd. Their band includes piano, drums, a double bass, saxophone and coronet. They played jazz, Dixie and many different tunes with vocals with plenty of toe-tapping and enjoyment by all. Yummy treats and tea were served — a wonderful afternoon!

Art Hobbis presented his program "Welcome to the Past" in early October. Hot Dog Days are always a hit and staff get in on the action. "Women of Note" entertained the residents with their beautiful singing voices. Admitting Clerk, Melanie prepared a delicious chicken BBQ and residents also took part in a lunch outing on Thanksgiving Day.



Quint Essential music group

RURAL NURSING EDUCATION FUND

The Lady Minto Hospital Foundation has supported the Rural Nursing Education Fund for almost a decade, and this year they increased their donation to \$20,000. Jo Twaites, Clinical Coordinator, confirms how important this opportunity for education is for nursing staff working at Lady Minto:

When interviewing prospective staff for our local hospital, the ability to offer support for educational needs is a wonderful incentive that sets us apart from other facilities which are not so fortunate. This has been a definite advantage in hiring and retaining both RN and LPN staff during the past year. Thanks to the Foundation and VIHA a good cross-section of patient care staff were able to take courses this year, some to fulfill requirements for re-certification in Advance Cardiac Life Support, Neonatal Resuscitation and CPR, and others to meet more specific needs.

Orientation for our new Mental Health and Addictions Nurse was enhanced through a week-long course in which she was able to network with others in similar positions and benefit from learning about the latest research and methods to treat her clients. We are fortunate to have available a certified Neonatal Resuscitation instructor in our midwife, Maggie Ramsey, since re-certification in this field is mandatory.

Demand for courses was higher than it has been in previous years, reflecting the diverse needs of our staff to care for a wide variety of patients. In addition to the courses funded by the Foundation, V.I.H.A. instructors travelled to Salt Spring or nursing staff traveled to V.I.H.A. sites for in-services on new policies, procedures and equipment such as Endoscopy equipment, IV equipment, Violence Prevention, Shock

Management, Musculoskeletal Injury Prevention, Patient Handling, Leadership Training and Computer Education.

Plans for 2011/12 include re-certification courses for Neonatal Resuscitation and emergency Obstetric Management. We will be hiring new nurses to replace the four RNs who will be away for a year of maternity leave starting soon. Many of these new nurses will require the initial courses in Emergency and Obstetric Care, such as Advanced Cardiac Life Support, Arrhythmia Interpretation, Trauma Nursing Core Course and Neonatal Resuscitation.

The five day intensive Palliative Care Courses are highly-rated and we hope to send two or three nurses to one of these courses next year. Our staff always come back from courses bursting with new ideas, and renewed passion for their jobs.

Few courses are available for Extended Care staff, including Registered Care Aides, and staff are very excited that we may be able to invite Irene Barnes, Geriatric Nursing Specialist, for a few sessions as her talks on the various aspects of eldercare are inspirational.



L-R: Aaron Minvielle, Radiology Tech.; Anastasia Cooper-Smith, Mental Health Nurse; Cathie Grindler, Hospice Volunteer; Israel Cohen, RN on Halloween 2011.



HELPING HEARTS CAMPAIGN — A TRIBUTE TO THE MATERNITY TEAM

The following tribute was submitted to the Foundation along with a donation in honour of Maternity Team members, Dr. Holly Slakov, Midwife Maggie Ramsey and Public Health Nurse Christine Smart.

"I'm busy with the doctor right now", I barked at my mother when I finally picked up the phone after her third attempt to call. She called back a fourth time, leaving a message, "It must be serious...since when do doctors make house calls?" I hadn't thought twice about it. Perhaps it is a level of health care here on Salt Spring Island that I have come to take for granted, thanks to the helping hearts of Maggie Ramsay, Holly Slakov and Christine Smart.

After an uneventful pregnancy and our usual drive-by birthings at Lady Minto Hospital, our momentum was impeded. Our baby was not progressing up the growth chart, a situation that eventually resulted in a brief stint at Victoria General Hospital. Fortunately for us, Maggie, Holly and Christine were there to provide conscientious, compassionate and caring support. Visits to the house sometimes included putting a batch of muffins in the oven, taking out an overflowing garbage and reading stories to my other children. Day and night phone calls to check on our progress, including during the time when we were at VGH, provided welcome reassurance that we were



photo by John Cameron.

receiving proactive attention and advocacy.

Encouraging words of support helped me to muster the confidence and determination to persevere. At one point, Holly said to me, "I just couldn't sleep last night. I've been worried about this baby". It was touching for me to realize that her efforts had not merely been a function of her training, but the reflection of a true passion to be of service.

Thank you Holly, Maggie and Christine. We have been blessed by the gifts of your Helping Hearts.



Maternity Team members (l-r): Dr. Holly Slakov, Midwife Maggie Ramsey and Public Health Nurse Christine Smart.

DON SHEA:

RETIRING RADIOLOGIST

Interviewing Dr. Don Shea is a bit like talking to the ultimate optimist. He is an engaging reflective host with a positive outlook. His enthusiasm for his colleagues, the hospital, Salt Spring and the Lady Minto Hospital Foundation are front and center.

So as we wandered the halls of the hospital, documenting equipment purchases that have made his job easier, I gleaned a deeper insight into our retiring Radiologist. In speaking with a staff member you get the complete picture of a man who “has been unfailingly kind, approachable, and good-humoured. He is a good team player and does not hesitate to give credit to others for their contributions. He has spent a considerable amount of his personal time mentoring International Medical Graduates, has followed their careers afterwards and is genuinely thrilled with their accomplishments and success. It is clear that he loves his work and it has been a pleasure to work with him.”

Dr. Don Shea didn't originally set out to become a Diagnostic Radiologist. Marine Biology was on his mind, but a Professor of Histology from Stanford Medical School persuaded him that he “really didn't want to do that”.

He graduated from Victoria College in 1963 with a Bachelor of Arts. In between that and medical school he did some travelling to the UK and ended up as a researcher for an Associate at the University College Hospital in London. He graduated in 1969 from McGill University as an MD. A stint between year 3 and 4 collecting cases for the head of Radiology at Royal Victoria Hospital in Montreal piqued his interest in this specialty, thus finishing his Radiology Residency at University of British Columbia in 1974.

Prior to moving to Salt Spring, Don Shea and his wife Wendy had been living and working in Nanaimo. Numerous boat trips to this island encouraged them to retire here. They bought a home and permanently moved here in 1998. Karen Davies got word of their arrival and asked if he would be interested in working at Lady Minto?

In Nanaimo, Dr. Shea was the only Radiologist north of Victoria and was extraordinarily busy doing intervention radiology – anything minor where you stick a needle in the body – like joint injections. He was also Department Head for his last five years there. He was “starting to burn out”. Lady Minto Hospital was a “great soft landing”.

In his first year here the volume grew and it became obvious they could benefit from having an ultra sound machine. Along came Jack Fisher, striding into Karen Davies office, with a cheque for \$100,000 – half of the cost. The Lady Minto Hospital Foundation paid for the other half and the department was able to provide an even



broader spectrum of patient services. He feels that is just a small example of how well informed the patients are about the hospital and how much the community appreciates it. Dr. Shea certainly appreciates this hospital. He describes it as a magical place to work with its family-like atmosphere. Its delightful cottage-like ambience makes it easier to accomplish better patient care. With the proximity of colleagues you can easily design the best path of treatment, resulting in more time to spend with patients, which no doubt improves the quality of care.

All of these attributes and a great Radiology team have made Lady Minto a “most pleasant” place to work. Don's team consists of the Department Head and Ultrasound Technician, Judith Harrison, and three x-ray Technicians: Chris Gix, Arlene Nikiforuk and Erin Minivelle. Everyone works in close communication, Dr. Shea is available to the team all the time – which again results in better quality of care. Don states that “Radiology by remote control doesn't work. And it's easier to achieve an efficient operation given their small size.”

continued on page 11

WE WELCOME OUR NEW BOARD MEMBERS



ANN HEELEY-RAY **AUXILIARY REPRESENTATIVE**

Ann and her husband Ken arrived on Salt Spring in 1983 for a visit and then bought property and moved to the island in January 1984. Originally from eastern Canada, the Heeley-Ray's like many of us could not resist the beauty and temperate climate of the west coast. Ken worked in the film industry for many years and the family travelled wherever film contracts took them.

After arriving on Salt Spring, Ann took up the skills she had long admired, including weaving, knitting, sewing and gardening.

Ken died in 2006 and Ann then began volunteering with Lady Minto Hospital Auxiliary. She worked on the Thrift Shop Committee for two years and was asked to join the Executive in 2008. In 2011 she was selected to be the Auxiliary Representative on the Foundation Board at the Annual General Meeting held on September 22nd.

Ann is the proud stepmother of 7 children, 14 grandchildren and 9 great-grandkids. Her youngest stepson, wife and 2 grandchildren are in Hawaii but all the rest are scattered throughout the east -- US and Canada.



WAYNE MCINTYRE

Wayne McIntyre graduated from U.B.C. with a B.A. in economics and psychology and completed his training as a Master of Clinical Hypnotherapy at the Crossroads Institute. He also studied Advanced Management at the University of Toronto and received a Market Management Diploma through the International Marketing Association.

He is principle of Insight Hypnotherapy and is a Registered Clinical Hypnotherapist. He was President and General Manager of North Vancouver Chamber of Commerce from 2003-2007 where he was responsible for running the Chamber's operations, including staffing, financial management and working with the Board of Directors to develop and implement their strategic plan and policies. He also ran his own company, McIntyre Enterprises and Partners International doing business planning and training.

Wayne is married to Kelly Hayes, RM, who is a long time Salt Springer and has a private practice in Midwifery here on Salt Spring Island. Wayne has two adult children, one grandchild and three stepchildren; two who still live at home and attend GISS. He enjoys spending time with family and friends, golfing, working out and reading.



RUTH PEPIN

Ruth Pepin moved with her husband Louis to Salt Spring Island from Saskatoon in 2002. Her background is in Education and Social Work and she has worked in various venues in a variety of roles, most recently as Chief Executive Officer for the Saskatoon Foundation.

Since moving to Salt Spring Island, she has been involved in various volunteer activities including hospital visiting, a Transitions Thrift Store volunteer, a member of the IWAV Board of Directors, Soup's On, and Volunteer Salt Spring.

Ruth is a mother of three married children and a grandmother of 1 and $\frac{3}{4}$ grandchildren. Ruth and Louis have established many new friendships since their arrival on the island and feel fortunate to live in this community.



PATRICK TAYLOR

Patrick Taylor has joined the Community Relations & Development Committee for the Foundation in September 2011.

Patrick Taylor and award winning oil painter, Dorothy Tinman, moved to Salt Spring Island in May 2010 and after having spent the last three years in their native Ireland. Patrick qualified as a physician in 1964 and went on to become a specialist in the field of human reproduction and infertility, a field in which he practiced, taught, and conducted research and for which he holds the Canadian Infertility and Andrology Society's lifetime award of excellence. He gave 30 years of service at the universities of Calgary, Manitoba, and British Columbia where for the last ten years of his career he was Chairman of the Department of OBS/GYN at St. Paul's Hospital, Vancouver. He retired from U.B.C. and St. Paul's as Professor Emeritus in 2001.

He hasn't been idle since then. Publication of a collection of short stories in 1997 led to two techno-thrillers which have been followed by the New York Times, USA Today and Globe and Mail, best-selling Irish Country Doctor novels, five of which are in print. A Dublin Student Doctor will be released in October 2011 and he is presently completing book #7. He is looking forward to contributing to the work of the Lady Minto Hospital Foundation.



DR. JIM WHITE

MEDICAL STAFF REPRESENTATIVE

Jim White was born in Victoria and grew up in Vancouver. He received his B.Sc. and M.Sc. at U.B.C. and then went on to McMaster University in Hamilton, Ontario to receive his M.D. He did additional medical training at Dalhousie University and then completed his Family Practice residency at U.B.C. He had a busy family practice in Vancouver for many years before permanently settling on Salt Spring. The Whites purchased property on the island over 20 years ago and he took over Dr. Benloulou's practice 3½ years ago. Dr. White's wife, Joan, is a nurse and worked as the Director of West Side Community Medical Health Team as well as Director for the U.B.C. Dayhouse Program. They have two children – Jeremy who is a Radiologist and was mentored by Dr. Don Shea, and Megan who is a Human Resources Manager in Vancouver. The Whites enjoy sailing their 42' double-ender sloop, Clair D'Lune, which was built by Dr. White's father in their Point Grey back yard. His brother sailed the boat around the world and survived a collision with a freighter. The family now enjoys sailing the Gulf Islands.

DON SHEA

continued from page 7

This also applies to joint injections. In Victoria you would wait up to 4 months; here it's a week or two and "if it's painful, we'll do it the same day"... which leads to a huge level of job satisfaction when a patient shouts to him across the parking lot, waving an arm they most recently couldn't move due to the pain. Or another who says "you have changed my life. I couldn't hold a cup of coffee, now I can golf." Those moments and more have made his reflections on Lady Minto Hospital all extremely positive. "It has been a joy working here."

We're not giving the last words to Dr. Shea....

"Dr. Shea has been a huge support to me in my position. He has such a varied background which I have found very helpful in the course of doing my job. Don has been a great advisor and very supportive to me during the challenging times. He also loves to teach and is always available to staff to discuss interesting cases."

Bill Relph, Site Manager, LMH.

"When I think of Don Shea, the physician, the thing that always comes to mind is his approachability. He has

always been keen and enthusiastic to discuss cases, review x-rays and give recommendations. Don brought a wealth of radiological experience and expertise that will be sadly missed along with his ever friendly personable attitude and his overwhelming enthusiasm to teach students and residents."

Shane Barclay, MD, Chief of Staff, LMH

"One of the high points for any student visit at Lady Minto is the time spent with Dr. Don Shea. He very generously spends time with everyone from first year nursing students, to medical residents. His obvious love of teaching shines through as does his extensive knowledge. From a personal note, his skill at performing joint injections is legend among the staff. Many of us have been helped by him. After one treatment my stiff and painful thumb is much better; I can open my own pickle jars again! Thanks, Don. We're going to miss you!"

Jo Twaites, Clinical Coordinator, LMH

EQUIPMENT - MEDICAL IMAGING

It's possible no one knows better the benefits of the relationship VIHA has with Lady Minto Hospital Foundation than Dr. Don Shea. All hospitals rely heavily on their Foundations for support in the area of equipment acquisition and Lady Minto is "unusually well equipped". Make no mistake, Dr. Shea states that "VIHA is extremely appreciative of the splendid job and the good working relationship". He also ponders whether we would be as well-equipped if the Foundation weren't as eager to fund the necessary purchases. He believes the Foundation's readiness has also prodded VIHA to step up to the plate in Medical Imaging.

One of the most dramatic improvements in Medical Imaging was the PACS equipment project. The Foundation was able to put their full support behind this regional initiative and purchased the system in 2005, worth over \$320,000. This system is a way of reporting and having access within VIHA. With this new advancement, film was gone and the usual turnaround time of 3-5 days was reduced to immediate transferring across network lines. The digital recordings are read in a film reader, then the images are recorded digitally and within a short period of time they are reviewed by the doctor.

Another exciting piece of equipment is the C-Arm Fluoroscope. This C-Arm resides in Operating Room #2 and is in use 3 days a week for joint injections. The Foundation purchased this piece of equipment in 2009 for \$150,000. Without this room available to house the C-Arm, Dr. Shea would not have been able to do the Intervention Radiology for which he has become so well known.

This Mobile X-ray unit is heavily used piece of equipment. It was purchased in 2009 by the Lady Minto Hospital Foundation. It is the oldest piece of equipment in Medical Imaging.



Chris Gix, Radiology Technician using the film reader.

In 2004, the Foundation put over \$300,000 into a renovation that facilitated the switch to digital. In 2010, VIHA really stepped up to the plate with another renovation of the Radiographic Room. The Foundation aided with committing \$100,000 to this project. Prior to this upgrade patients had to climb up onto the bed using a step stool; and for the elderly or infirm this was often a painful process.

With the new bed, all patients are able to sit down on the bed and hydraulics lift everything up towards the X-ray equipment. According to Dr. Shea, for the staff and the community this has been a godsend. All this equipment is brand new.

The final piece in the CR Radiographic room is the Chest Stand. I don't think anyone can question the importance of this room to Salt Spring Island residents. This is a busy department, well funded by the Foundation and VIHA and staffed by a dedicated group of individuals.



Dr. Shea looking at x-rays of leg bone.



Dr. Shea with a portable x-ray machine.

20TH ANNUAL GOLF TOURNAMENT



“Congratulations Salt Spring, You Did It Again!”

Thank you to our supportive community for participating in the Lady Minto Hospital Foundation’s 20th Annual Golf Tournament. Together, we raised over \$28,000 to help purchase equipment for our island hospital. It was the collective work of 180 enthusiastic golfers and dozens of volunteers, financial sponsors and prize donors.

Our special putting contest the day before the tournament was a suspenseful afternoon – thanks to RBC Dominion Securities for sponsoring this exciting contest for the second year in a row, as well as the Closest to the Pin and Longest Drive contests. Congratulations to Karen Hartley who won the Putting Contest, and to the 2011 winners of the Hewitson Cup for the lowest team score: Chad Little, Chad Schill, Martin Harper & Zak Cutshall.



Sharon & Rick MacKinnon.



David Southwell, Foundation President and David Feitelberg, Past President.

THE FOUNDATION SUPPORTS THE NEW LABORATORY BLOOD COLLECTION (PHLEBOTOMY) ROOM

At one time or another, just about everyone makes a visit to the Lady Minto Hospital Laboratory for blood tests and has experienced the cramped quarters for this service. By early November, the new blood collection room will be complete thanks to a \$60,000 contribution made by the Foundation. The Health Records Department also gets new digs in the old Business Office area. Staff are thrilled with this brand new work-efficient space.

The Laboratory at Lady Minto Hospital employs 2 full time and 3 part time Medical Laboratory Technologists who analyze the samples and work on-call for emergencies. It also employs three part time Medical Laboratory assistants who collect and prepare blood and specimen samples for analysis. The Lab collects blood from 50-70 outpatients per day, Monday to Friday, plus Emergency, Acute Care and Extended Care as well as Greenwoods residential care patients.

Our Lab hours are 7:30 am to 2:00 pm, Monday to Friday, for outpatient blood collections. Patients can drop off specimens Monday to Friday between 7:30 am and 4:00 pm and from 8:00 am – 2:00 pm on Saturdays. The actual Lab is staffed from 7:00 am to 6:00 pm, Monday to Friday and 7:30 am to 4:00 pm on Saturday. On call staff are available for emergencies on Sundays and after hours.

Lady Minto Hospital Lab results are available to



Lab staff awaiting the opening of the new blood collection area which is part of a lab reno sponsored by the Foundation and VIHA.

L to R: Alana Herbert, Margaret Horsford, and Vince Stobbe, Registered Technologists



Health Records staff in their new digs: Lori, Julia, and Tina.

doctors' offices and VIHA hospitals on-line but patients can get their results via the Results Line toll free at 1-866-370-8355. All you need to do is provide your care card number.

The Lab provides over 22 different chemistry analyses plus haematology, coagulation and urinalysis results. We have test for detecting mononucleosis, malaria and even a test to determine the risk of preterm delivery. The Lab tests arterial blood, venous blood, stool, urine and most body fluids.

We have blood on site for emergency blood transfusions for patients who have been in accidents and other traumatic events and can also arrange cross-matched blood for non-emergency transfusions.

**You can call the
Results Line toll free
at 1-866-370-8355**

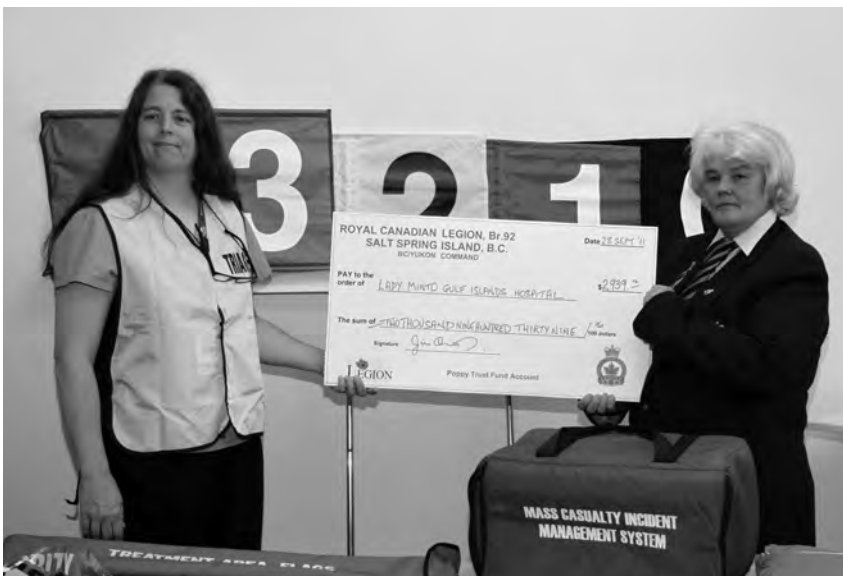
THE LADY MINTO EMERGENCY ROOM: ESSENTIAL SERVICE FOR OUR ISLAND

Marjorie Lomas, a long time resident of Salt Spring Island who turned 94 this year, took a fall on a bright morning in October while walking her dog Chiaca and ended up in the Lady Minto Emergency Room. She was so grateful to be in good hands and to have such a well-staffed and well equipped facility right here, so close to home. “ER has been very good to me and my husband over the years.” She was kept in for observation and made comfortable with warm blankets and a lunch meal brought to her from our kitchen – the only facility within VIHA that makes home-made meals on site.



Seen here in the ER is Marjorie Lomas with R.N. Israel Cohen.

LEGION HELPS LADY MINTO'S DISASTER PREPAREDNESS EQUIPMENT



With the generous donation from the Royal Canadian Legion Branch #92, the Lady Minto Hospital was able to purchase a special marquee tent along with other essential items for the disaster plan. A total of \$3,720.49 was received from the Legion for this program. Seen here in the photograph are Jo Twaites, Clinical Coordinator at Lady Minto Hospital and Colleen Stewart, Royal Canadian Legion President, checking the triage flags and other equipment needed when setting up a disaster medical centre.

PHANTOM BALL 2011 PRIZE WINNERS

– KELLY AND SANDRA HYSLOP

Kelly and Sandra Hyslop are the lucky winners of our 2011 Phantom Ball Prize – a trip for two for two nights at the Galiano Oceanfront Inn and Spa. Here is their story:

Kelly and I wish to express our sincere thanks for the wonderful weekend stay at The Galiano Oceanfront Inn. It really was a fabulous prize from the Lady Minto Hospital Foundation. We were lucky to have a perfect sunny autumn weekend on Galiano Island and we made it a special celebration for our 38th wedding anniversary, which happened to coincide.



photo courtesy of Conny Nordin.

We cannot say enough about the Galiano Inn and Spa, which really is a jewel in the Gulf Islands. It is a lovely destination for a getaway and one does not need a car but just to walk from the Ferry dock in Sturdies Bay and into the lovely gardens of the Inn. The rooms have beautiful views and are very comfortable and well appointed, and we had a wood burning fireplace, which was lovely.

Neither Kelly nor I had ever had Spa treatments before and we found the Couples Mineral Flotation Bath followed by the Couples Healing Earth Experience, to be great fun and very interesting! I also enjoyed a facial and Kelly a great massage. As well, the Inn very kindly gave us the use of one of their fleet of Smart cars to explore the island.

We had a first class dinner and a fine bottle of wine in the dining room and the breakfasts were delicious. We both felt that the staff were excellent and professional and great ambassadors for our Gulf Islands. We could see that all the guests (of all ages) were enjoying their stay and Kelly and I will certainly return.

GETTING TO KNOW OUR DONORS

Kelly and Sandra Hyslop have only just returned this year to Salt Spring Island. For the past sixteen years they have been living in Ireland, in the south west, near Goleen in County Cork. In 1995 Kelly retired from general practice in Fort Langley after 25 years of practice. They moved to Ireland to be closer to their three sons who were attending schools and then universities in the UK. Two of their sons were married this year and it seems to have been a year of many changes in their family. They are delighted now to be living on Salt Spring Island.

Their connection to Salt Spring Island began when Kelly's parents moved from Nova Scotia to live on the island in the 70's. The family spent many happy days visiting them through the 80's and sailing often around the Gulf Islands.

When Sandra was expecting their youngest child, she cut her left thumb badly while helping her father-in-law saw up some arbutus logs and was taken to the Lady Minto Hospital. Sandra describes her experience at the Lady Minto: "The doctor on duty gave Pops and I a lecture on what was appropriate for a pregnant woman to be doing in the garden and then he carefully sutured my thumb back together, attaching all the tiny ligaments and tendons. I have always been grateful to the Lady Minto and the fine doctor for saving my thumb. Both of Kelly's parents were hospitalized a number of times when they were elderly and they received great care. The Lady Minto has been an important hospital to all Gulf Island residents for many years. We hope, with continuing support from the government and all of the Gulf Islands people, to maintain and improve our community hospital."



Photo of Kelly and Sandra Hyslop with Galiano Oceanfront Inn and Spa owner/manager, Conny Nordin. photo courtesy of Conny Nordin.



LadyMintoHospitalFoundation
ladymintofoundation.com



YES! I would like to make a donation to the Lady Minto Hospital Foundation

You choose how your gift helps the hospital by directing your contribution to one of the following Funds or Endowments...

Enclosed is my tax deductible gift of \$ _____

☐ Annual Fund

Gifts to the annual fund are directed to the Lady Minto Hospital's greatest needs, including equipment items and projects, at the discretion of the Board of Directors in consultation with the Site Manager, Lady Minto Hospital.

☐ Endowment Fund

This fund provides immediate income from earnings which can either be spent on annual needs or reinvested for long term security as the capital must be retained for at least 10 years.

☐ Extended Care Fund

Provides funding that supports activities and comforts that improve the quality of life for our Extended Care Residents and other patients.

☐ Education Fund

This fund ensures that the health care staff at the Lady Minto Hospital have access to funds that will advance their skills and increase their knowledge of new techniques.

☐ **MEMORIAL GIFTS** are a wonderful way to remember loved ones, and to share gifts that truly make a difference for patients and residents. We are always grateful when families name the Lady Minto Hospital Foundation for this purpose. Memorial gifts are directed to the Lady Minto Hospital's areas of greatest need at the discretion of the Board of Directors, unless otherwise requested by the family. Please include the memorial name and the name, address and relationship of the person you wish to receive acknowledgement of your gift.

Memorial info: _____

Name: _____ (as you wish it to appear for donor recognition)

☐ I prefer my donation to be anonymous

Address: _____

Postal Code: _____ Phone: _____ Email address: _____

I prefer to use my VISA or Mastercard in the amount of \$ _____

OR/ I wish to make a monthly donation of \$ _____ to be charged against my account.

Account Number: _____ Expiry Date: _____ Name on card: _____
(please print)

Thank you for helping us to ensure that we continue to have excellent health care on the Island. Tax receipts are issued for all donations. Charitable taxation # 135048148RR0001

**This form can be mailed to the Lady Minto Hospital Foundation 135 Crofton Road, Salt Spring Island, B.C. V8K1T1
or faxed to, 250 538-4870**